

Consolidated Planning and Advisory Workgroup (CPAW)
Thursday, December 3, 2015
3:00 – 6:00 pm
Location: 2425 Bisso Lane, First Floor Conference Room, Concord, CA 94520



Members attending: Hillary Bowers, Stephen Boyd, Maude DeVictor, Douglas Dunn, Molly Hamaker, John Hollender, Dave Kahler, Kimberly Krisch, Jackie Lerman, Will McGarvey, Ryan Nestman, Connie Steers

Staff attending: Christina Boothman, Stephanie Chenard, Jan Cobaleda-Kegler

Public Participants: Ben Barr, Denise Harrell, Bob Hayes, James Hurley, Crystal Luna-Yarnell, Dana Matteri, Philip Mercure, Lori Pryor, Anthony Reed, James Ross, Bessie Sagaiga, Carwen Spencer, Will Taylor, Domevlo Umoja

Facilitator: Maria Pappas

Recorder: Melinda Meahan

Staff Support: Warren Hayes

Absent from Meeting: Ashley Baughman, Lisa Bruce, Courtney Cummings, Tom Gilbert, Kimberly Martell, Kathi McLaughlin, Susan Medlin, Lauren Rettagliata, Sheri Richards, Karen Smith, Gina Swirsding, Jennifer Tuipulotu, Matt Wilson, Sam Yoshioka

NOTE: Due to Lisa Cabral's departure on leave, there was no way to determine who was excused from this meeting.

TOPIC	ISSUE/CONCLUSION	ACTION/RECOMMENDATION	PARTY RESPONSIBLE
1. Welcome <ul style="list-style-type: none"> • Call to Order • Roll Call, Introductions • Working Agreement • Announcements • Finalize Meeting Notes 	<ul style="list-style-type: none"> • Introductions were made. • Maria Pappas reviewed the CPAW Working Agreement • There are no October meeting minutes due to Lisa's sudden departure on leave. They will be made available for review as soon as we acquire them. 		Maria Pappas

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2. Behavioral Health Issues	<ul style="list-style-type: none"> • Betsy Orme will be leading the Adult System of Care Committee. • All qualified applicants for the Adult System of Care Program Chief have been ranked by Personnel, and Cynthia is assembling the interview panel. • Fatima Matal Sol has been selected as the AODS Chief. This has been an important position to fill, as the County is currently deciding whether they will opt in to the Drug Medi-Cal Waiver program. Research Development Associates has been doing a study to determine what we currently have in place and what we would need to add if we opt in to this program as well as how to fill those gaps. We expect their report in January, which will help us to decide if we will move forward and opt into this program. • The Utilization Review Manager position is vacant, and we are hoping we will be able to fill it soon. • In the wake of the San Bernardino shootings, the Behavioral Health Division has been working to ensure that we have adequate support for staff and consumers to deal with any stress they may be experiencing and to ensure their safety <ul style="list-style-type: none"> ○ Maude brought up the need for staff to be prepared for other disasters, such as refinery accidents and the like, especially in West County now that there is no hospital there. The group discussed various aspects of this issue, such as: <ul style="list-style-type: none"> ▪ Making sure there are an ample number of people trained to handle emergencies. ▪ Verifying that unions will not have a problem with staff doing emergency response work that falls outside of their job functions. ▪ Emergency medication supplies for consumers in accessible areas. There is a supply in a 		Matthew Luu

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	<p>secure area in each clinic, including refrigerated storage for medications that need to be refrigerated, but these may not be easily accessible to those who need it in a major disaster where transportation might be a problem.</p> <ul style="list-style-type: none"> ▪ The need to educate consumers who are on medications that they may want to carry a small supply of their medications with them at all times in case of emergencies. ▪ Health Services' emergency operations center, how it operates, and how they communicate. ▪ How counties send staff to support other counties during major emergencies such as natural disasters. ▪ Investigating the possibility of using the former Doctor's Hospital building in emergencies, as it has a helicopter port. ▪ The possibility of considering emergency preparedness planning and education as an Innovations project. <ul style="list-style-type: none"> ○ In response to a CBO provider asking about safety and emergency response plans for CBOs, Matthew replied that Peter Ordaz handles planning for County programs but was not sure if he also did this for CBOs. He indicated he would find someone to come out and speak to them about safety planning and emergency preparedness. ○ Molly asked about having a clinician come out to their non-clinical program with no clinicians available, and also about safety during their annual holiday party. Matthew indicated that he would find someone to help them with this. <ul style="list-style-type: none"> • The new Antioch Health Center is almost finished and 		

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	has an anticipated opening date of Spring 2016. It will contain integrated physical and mental health facilities similar to the Miller Wellness Center.		
3. MHSA Budget Review	<ul style="list-style-type: none"> • Warren discussed the MHSA budget and budgeting process with the group. Topics included: <ul style="list-style-type: none"> ○ Budget totals and expenditures for the past several years and anticipated funding for future years. ○ Instructions from the Board of Supervisors that affect the budgeting process. ○ The volatile nature of MHSA funding and how that affects the budgeting process. ○ The problem CBOs face with MHSA funding limitations, various ways that funding decisions and adjustments are negotiated, and creative solutions some CBOs have found to deal with limited MHSA funding. ○ State regulations regarding Prudent Reserve funds and unspent funds, and what the County does to minimize the possibility of the State reclaiming any unspent funds. • Doug said he hoped to see First Hope implement a fully-funded first break program as soon as possible. Warren discussed First Hope’s history and why they had decided not to start such a program before now. • Molly pointed out that even though the budget says it is for July through September, it only reflects what the County has paid out, not what has been incurred but not yet paid. Warren concurred, and they briefly discussed why there is such a long time frame between when the vendor incurs an expense and when the County issues payment for it. • It was pointed out that recently some programs have not been paid in a timely manner due to changes at Finance and Audits making it difficult to get items 		Warren Hayes

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<p>4. Meet with Mental Health Systems</p> <ul style="list-style-type: none"> • What is Assertive Community Treatment? • Role of program advisory group 	<p>approved for payment.</p> <ul style="list-style-type: none"> • Crystal described the Program Advisory Group and solicited feedback from the group. The following suggestions were made: <ul style="list-style-type: none"> ○ Have a permanent CPAW representative in group. This representative can report back to CPAW on PAG meetings ○ Consider rotating meetings among all regions and different time frames (day vs. evening) if possible. ○ Get peers and family members involved as well. • The ACT program has not launched yet, but Crystal has strong candidates for the remaining vacancies and hopes to have them filled very soon so that they can launch the program. • Crystal described the Assertive Community Treatment model they use and how it differs from a Full Service Partnership model. She also answered questions from the group about this. 		Crystal Luna-Yarnell
<p>5. Adult System Chief Interviews</p>	<p>CPAW was invited to have a member (who is not a County employee) sit on the interview panel for the new Adult System of Care Program Chief. Doug Dunn indicated he was interested, and Sam Yoshioka was nominated by Dave Kahler. Doug was voted as the primary member, with Sam as an alternate.</p>		Maria Pappas
<p>7. CPAW Committee Reports</p> <ul style="list-style-type: none"> • Membership • Innovation • System of Care 	<p>Membership:</p> <ul style="list-style-type: none"> • Doug Dunn has been appointed to CPAW to fill a family member seat. Jackie Lerman has also been appointed to CPAW. We are in process of identifying someone to represent AODS and Homeless Services. This will leave two vacant seats. • Warren had brought up the idea of having alternates to CPAW, which is done by some other counties. They will be discussing that in January. He asked the group how they felt about having alternates who would fill in 		Committee Representatives

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	<p>if someone was not present. Group members liked that idea and suggested having more than one alternate and making it a requirement that they attend meetings regularly so that they would be informed if they have to step in.</p> <p>Innovation:</p> <ul style="list-style-type: none"> • The next meeting is this Monday, and four Innovation projects that will be sunseting in the next 18-24 months and are in the process of being reviewed. • At the last meeting, it was brought up that there will be \$1 million available for the next Three Year Plan, which could go to one group or multiple groups. The committee will be deciding on a process to solicit concepts and develop proposals. • The Innovation Committee membership is open through January in order to increase the number of members. After January it will become a closed committee. • Non-CPAW members are also encouraged to attend Innovation Committee meetings and get involved. <p>Systems of Care:</p> <ul style="list-style-type: none"> • The next meeting will be held in January. • At the last meeting, the Research and Evaluation Team gave the results of the semiannual mental health consumer satisfaction survey. The lowest scores were still in the above average range. • The go-live date for Epic Tapestry has been pushed to February, and that date will probably end up being the actual date it starts. • The Transportation proposal was received well by staff from the Mental Health Systems Oversight and Accountability Commission. We will send the final 		

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	<p>proposal with the 2016-17 MHSA update, and we hope to have it launched by the end of this fiscal year.</p> <ul style="list-style-type: none"> • There are new regulations for the Innovation and PEI components of MHSA that require them to provide outcomes data. Several PEI programs have agreed to pilot the new data gathering process. This data gathering may result in further changes. 		
<p>8. BHS Committee Dialogue</p> <ul style="list-style-type: none"> • Social Inclusion • Housing • Children, Teens and Young Adults • Adults, Older Adults 	<p>Social Inclusion</p> <ul style="list-style-type: none"> • No one who attended the last meeting was present to give a report. • The December meeting will include a holiday potluck, and everyone is invited and asked to RSVP if they are attending. <p>Housing</p> <ul style="list-style-type: none"> • No meeting until January. <p>Children, Teens and Young Adults</p> <ul style="list-style-type: none"> • Ashley Baughman is the new coordinator of the committee. She facilitates the TAY advisory committee and is working with them on a report about TAY providers to have ready for the next meeting. • Vern gave a Katie A update at the last meeting. As of the last meeting, the three clinicians have screened 1000 children from Social Services and done 400 assessments, and 300 have been accepted into the Katie A subclass. This will require more work for case workers who are already carrying 30-plus cases apiece. • The Governor signed AB 403, the Continuum of Care Reform Bill, which was designed to close residential facilities and send those children into intensive care foster care or back to their families. As a result, additional mental health services will be needed for the families who are taking in those children. Vern is 		<p>Committee Representatives</p>

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	<p>investigating how we can prepare to meet that need.</p> <ul style="list-style-type: none"> The committee also discussed the gaps in the need for alcohol and drug services for children and youth, and various ideas on how to remedy this shortfall. The committee is currently working to identify gaps in services to this population in order to come up with ideas for innovative projects. <p>Adults and Older Adults</p> <ul style="list-style-type: none"> No report was available. 		
<p>9. Stakeholder Dialogue</p> <ul style="list-style-type: none"> Mental Health Commission Behavioral Health Care Partnership Other Stakeholder Bodies 	<p>Mental Health Commission</p> <ul style="list-style-type: none"> No report was available. <p>Behavioral Health Care Partnership</p> <ul style="list-style-type: none"> No report was available. 		Stakeholder Body Representatives
<p>10. Public Comment, Announcements</p>	<ul style="list-style-type: none"> Recovery Innovations will have a graduation tomorrow for those who have completed their work experience program. It is a combined graduation for all three locations. The next Social Inclusion meeting will include a presentation about the new Wellness Coach in addition to the potluck. The Contra Costa Network of Mental Health Clients annual holiday party will be held on December 18 from 3-7 pm. It is put on by a collaboration of multiple agencies headed by the Putnam Clubhouse. 		Maria Pappas
<p>11. Review of Meeting</p>	<ul style="list-style-type: none"> Very timely information regarding the San Bernardino situation, and very informative. 		Maria Pappas
<p>12. Review January CPAW Meeting Date</p>	<ul style="list-style-type: none"> The next CPAW meeting is January 7. Membership Committee is not meeting in December. 		Maria Pappas