

Consolidated Planning and Advisory Workgroup (CPAW)

Thursday, February 1, 2018

2pm – 5pm

Location: 2425 Bisso Lane, First Floor Conference Room, Concord, CA 94520



Members attending: Jennifer Tuipulotu, Roberto Roman, Stephen Boyd, Steve Blum, Doug Dunn, Will McGarvey, Tammy Keagy, Kimberly Krisch, Sheri Richards, Sara Marsh, Candace Collier, Chelise Stroud, Ryan Nestman, Sam Yoshioka

Staff attending: Audrey Montana, Jennifer Bruggeman, Windy Taylor, Kristin Heher, Janet Costa, Jan Cobaleda-Kegler, Ellie Shirgul

Public Participants: Carwen Spencer, Yolanda Batson, Bessie Sagaiga, Elizabeth Ward, Keri Banks, Loretta Bradstreet, Kristine D’Amelo, Daniel Gibson, Joy Jardine, Darya Colbert

Facilitator: Maria Pappas

Recorder: Lisa Cabral

Staff Support: Warren Hayes

Excused from Meeting: Karen Smith, Lisa Bruce, Matthew Wilson, Kathi McLaughlin,

Absent from Meeting: Gina Swirsding, Duane Chapman, Maude DeVictor, Connie Steers, Jackie Lerman, Dave Kahler, Lucy Nelson, David Bergesen, Lauren Rettagliata, Tom Gilbert,

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
1. Welcome <ul style="list-style-type: none"> • Call to Order • Introductions • Working Agreement • Announcements • Finalize Minutes 	<ul style="list-style-type: none"> • Introductions made • Gift Cards: Anticipate to have gift cards in March. We have the lists of attendees to prior committee meetings. • MHSA Spending: Would have scheduled MHSA spending for the first six months, but did not receive. Finance approval of the report until this week. Provided summary for this meeting. To date, spent less than projected as many programs are just emerging. Will ask the Mental Health Commission if it would like to review the report at the Mental Health Commission meeting on February 7th or if the MHC Finance Committee would 	Information Notes approved. Will be posted to MHSA CPAW website.	Maria Pappas Lisa Cabral to post notes.

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
	<p>prefer to review the report on February 14th. Will present the full report and a projection for the next six months will be presented at the next CPAW meeting</p> <ul style="list-style-type: none"> • Approved February notes with minor corrections 		
<p>2. Dialogue with Behavioral Health Services (CCBHS) Leadership</p> <ul style="list-style-type: none"> • What input is Requested from CPAW? 	<p>CCBHS Updates and New Projects:</p> <ul style="list-style-type: none"> • The Electronic Health Record (EHR): Went live in September. Now easier to share information and provide coordinated care. Is part of strategic plan for coordinated care. In the future, nonprofits and community based organizations will be part of the system. Ultimately the consumer will also be part of the system. The PSP system has not yet been replaced by ShareCare (EPIC). • There are two evidence based best practices in effect (CBSST and CBT): Trained 100 employees (therapists and peer providers) in CBSST last spring. Groups are in clinics. Twenty staff are currently being trained for CBST. Have follow up calls every month with trainers. Have monthly follow up calls with Dr. Harding at Stanford. • Mobile Crisis Response Team (MCRT): Preparing to launch. MHSA is helping to fund. Will provide 24/7 crisis intervention response across the county. Will provide assistance to consumers and families for acute psychiatric crisis. The goal is to prevent having to go to the hospital. Have an 800 number. Teams comprised of a therapist and peer advocate or family support worker. One team has a nurse. We anticipate to be live with one active team by March 1st. Ronnie Potts will be the acting supervisor. The program will partner with police, fire and psychiatric emergency services. The stakeholder process has started and we have had three meetings. The meeting will be held quarterly. A website is being launched. Will soon provide brochures and information about the MCRT program. 		<p>Jan Cobaleda-Keglar (Chief, Adult System of Care, Adult System of Care)</p>

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
	<ul style="list-style-type: none"> • Implementation of Prop 47 program in Antioch: This was a statewide initiative of justice reform passed in 2014. Reclassifies low level felonies to misdemeanors. Those charged may have substance abuse or mental health issues. The program is called CoCo LEAD+ and will be initiated in Antioch. The goal is to strengthen the community and reduce criminalization of mental health issues. We are working with the police department, housing services, Health RIGHT 360 (provider that works with re-entry clients). Will link clients to housing, psychiatric treatment and vocational services. Last year had a large stakeholders’ meeting in Antioch and have a local advisory committee. This is a three year project. 		
<p>3. CPAW Committee Reports</p> <ul style="list-style-type: none"> • System of Care • Innovation 	<p>System of Care</p> <ul style="list-style-type: none"> • Stephanie Chenard will no longer be on this committee and Warren Hayes will temporarily be supporting this CPAW committee. The committee is also working with Health, Housing and Homeless Services (H3) • NAMI will provide the services for the new Family Volunteer Network program • Had community input as to the job duties of paid staff and the Volunteer Services Coordinator position • NAMI has published the job announcements for positions • Have focused discussion on the role of the volunteers, curriculum and lesson plans • Will update the status of the Transitional Age Youth Oak Grove residential program next meeting • Those requesting training for Mental Health First Aid can contact the training coordinator, Adam Down • The next meeting will be Wednesday, February 14, 2018 from 10am – 12pm at 1340 Arnold Dr, Ste 200, Martinez and focus will be on the role of the volunteers 		Committee Representatives

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
	<p>Innovation</p> <ul style="list-style-type: none"> • Currently ending the Innovation project, Recovery through Employment Readiness. Vocational Services could not devote the resources to the project as well as meet contractual obligations for the California Department of Rehabilitation • The Innovation Committee may be merging with the Systems of Care Committee • Currently hiring for the CBSST project • For the new CORE project, we are currently considering a location in Richmond for the facilities. We have viewed various sites to date • The next Innovation meeting will be on Monday, February 26th from 2:30 - 4:00 pm at 1340 Arnold Dr, Ste 200, Martinez 		
<p>4. Reports from Other Stakeholder Bodies</p> <ul style="list-style-type: none"> • Mental Health Commission • Alcohol and Other Drugs Services • Health, Housing and Homeless Services 	<p>Mental Health Commission –</p> <ul style="list-style-type: none"> • Had a presentation by Anna Roth who is now the Health Services Director • Discussions involved the treatment of inmates with severe mental health issues • Packet of discussion questions is available from Liza Molina-Huntley • The MH Commission meeting will take place on Wednesday, February 7th from 4:30-6:30 pm at 2425 Bisso Ln, Concord <p>AOD- Nothing to report for this period</p> <p>Health, Housing and Homeless Services (H3)</p> <ul style="list-style-type: none"> • Now located at 2400 Bisso Lane, Second Floor, Concord • Have a wait list for receiving housing from Shelter Inc. and the deadline to receive referrals is tomorrow. Have 		<p>Committee Members</p>

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
	<p>approximately fifty referrals to date. Will have another list this year. The wait list announcement will be sent to all program managers and will also be made at CPAW meeting</p> <ul style="list-style-type: none"> • Placement is prioritized by need (i.e. imminent homelessness) especially involving children(as larger units become available). The program provides housing for both individuals and families • The referral must come from a program or clinic case manager. Must be with the case manager for at least six months • Annually present programs to HUD. HUD “loved us” and the program will now be receiving more funds than expected 		
<p>5. Division Committee Reports</p> <ul style="list-style-type: none"> • Social Inclusion • Adults • Older Adults • Children, Teens and Young Adults 	<p>Social Inclusion</p> <ul style="list-style-type: none"> • Preparing now for the Social Inclusion Campaign • The meeting was held on January 11th and the subcommittee meeting was January 25th • Will be updating the 2012 Stigma Reduction brochure to reflect behavioral health integration • Working on an initiative for more consumer friendly language to be used in the mental health system • Currently conducting Photo Voice facilitator training • The table of community events will now include Social Inclusion • Meetings will be in different locations. The next meeting will be on February 8th from 1:30 - to 3:30 pm at 2425 Bisso Lane, First Floor Conference Room, Concord <p>(Subcommittees)</p> <ul style="list-style-type: none"> • WREACH: Met on January 25th. Viewed a video on mental health and discussed • Nevin House: Met on January 23th and will meet on February 6th • SPIRIT: Presentation and workshops will be February 		<p>Committee Representatives</p>

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
	<p>7th and the next workshop will be March 5th. Will meet February 27th</p> <ul style="list-style-type: none"> • Transportation: Meet quarterly and last met on January 24th. Discussed workshop ideas for consumers and family. Currently planning workshops for the Spring. In the past year, provided travel training and are now discussing travel training for this year. Announced that BART will have a fifty cent fare increase if a Clipper card is not used (paper ticket). Completed the resource guide brochure in English and Spanish for East County. Will be starting Central County in approximately one month. The next meeting will be April 25th from 1:00 – 2:30 pm <p>Adults – No update at this time</p> <p>Older Adults</p> <ul style="list-style-type: none"> • Met on January 24th. Have two new members who are also on the Advisory Council on Aging. A pastor will also be included • Met with Adult Protective Services and will send a representative. • New intern is collecting resources on dementia and Alzheimer's • Current topic is “end of life” issues. A resource for this topic is the Conversation Project and their website is the conversation project.org • A new committee member has experience in banking – knowledge of planning and working with families • Will start a new project to assist with practical issues (working with families, health directives, working with church leaders), clinical issues (assumptions, attitudes) and emotional issues. Discuss not just loss of life but celebration of life • Janet Wilson passed last month and had a celebration of life. She was very active in working for patient advocacy 		

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
	<p>Children, Teens, and Young Adults</p> <ul style="list-style-type: none"> • Met on January 11th. Will have a presenter next meeting on February 8 from 11 am to 1 pm. • Met for Vern Wallace’s retirement in appreciation for his many years of service to the program projects • The Interim Children Chief has not yet been assigned 		
6. Break (flexibly applied)			
7. Overcoming Transportation Barriers – An Innovative Project	<ul style="list-style-type: none"> • Attendees provided with Power Point Presentation - “Fostering Transportation Independence” • Comments following the presentation indicated that public transportation services are limited (or nonexistent) on weekends or at evenings in parts of the County 		Candice Collier – Office of Consumer Empowerment (CCBHS)
<p>8. What CPAW Will Look Like Going Forward – Steering Committee Recommendations</p> <ul style="list-style-type: none"> • Meeting Length • Dialogue with Deputy Director • Committee Reports • Meeting Locations • Desired Topics for Upcoming Meetings 	<p>CPAW Steering Committee Recommendations:</p> <p><u>Meeting Length and Time</u></p> <p><u>Recommendation:</u> The CPAW meetings continue to be held on the first Thursday of the month. But the meeting length be reduced from three to two hours with a meeting time of 3:00 – 5:00 pm. Stakeholder orientation sessions will continue to be held one hour prior to the CPAW meeting.</p> <p><u>Comments:</u></p> <ul style="list-style-type: none"> • Is a challenge to recruit new members with a three hour meeting length • A concern was that two hours may not be enough time to address and discuss all topics. Others commented topics can be covered by in that time frame • Committee reports will be concise and attached with committee documents • Some attendees and members of CPAW would also like to attend the meetings for the Council on 		Warren Hayes

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
	<p>Homelessness that meets the same dates as CPAW from 1:00 – 3:00 pm. This time change would permit people to attend both the Council on Homelessness meetings and CPAW meetings.</p> <ul style="list-style-type: none"> • Due to topics presented, have the flexibility to extend the length of the meeting to three hours. If this is done, will start the meeting at 2:00 pm. <p><u>Dialogue with Deputy Director</u></p> <p><u>Recommendation:</u> Meet with the CCBHS Deputy Director or Executive Team representative to discuss a topic selected by CPAW. Representative can ask for CPAW’s input on a topic in order to assist in their decision making. A short bullet formatted summary of the significant stakeholder meeting developments will be included in the CPAW meeting announcement. Stakeholders can then ask questions or ask for clarification of the listed topics.</p> <p><u>Comments:</u></p> <ul style="list-style-type: none"> • Summaries will aid in keeping the discussions on each topic focused <p><u>Committee Reports</u></p> <p><u>Recommendation:</u> Rather than ten separate committee reports, committee representatives will communicate significant issues and developments before the CPAW meeting that their committees have been working on. Reports will be shared in bullet format in the announcement in the week prior to the CPAW meeting. Attendees can then be given the opportunity to comment and or discuss any of the items during the meeting.</p> <p><u>Comments:</u></p> <ul style="list-style-type: none"> • Comment allowed to briefly discuss the topics or 		

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
	<p>developments</p> <ul style="list-style-type: none"> • But still given the opportunity to discuss further due to topic if required during the meeting • This report information is extensively provided to the public on the electronic mailing list as well as included in the CPAW meeting packet materials <p><u>Meeting Locations</u></p> <p><u>Recommendation:</u> Starting in June, CPAW community forum meetings will alternate in one of the four county regions followed by two regular meeting at the 2425 Bisso Lane, Martinez location. Community forums will generally follow previous formats. (please see the meeting packets for further details and dates). The December 19th meeting will be used to plan the next year's update of the MHSA Three Year Plan.</p> <p><u>Comments:</u></p> <ul style="list-style-type: none"> • The December forum meeting has the potential of attracting additional participants due to the discussion of the Three Year Plan <p><u>Desired Topics for Upcoming Meetings</u></p> <p><u>Recommendation:</u> Consider the following topics and any additional topics and agree upon topics to be placed on the agenda:</p> <ul style="list-style-type: none"> • Plan upcoming community forum topics and review previous forums for suggestions for improvement. Considerations are evening hours, live stream or call in capability • CCBHS, Health, Housing and Homelessness and Alcohol and Other Drug Services Chiefs bring doable objectives to CPAW meetings and discuss 		

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
	<p>how the objectives will be accomplished</p> <ul style="list-style-type: none"> • Programs that have been reviewed come and dialogue with CPAW • Invite key note speakers/experts on issues • A CPAW meeting dedicated to what is being done in the county to increase affordable and supportive housing for persons with serious mental illness or that are seriously emotionally disturbed • Hold a joint meeting with the Mental Health Commission and suggest a mutual date to discuss draft of the MHSA three year plan update • Have new and existing innovation projects share their progress <p><u>Comments:</u></p> <ul style="list-style-type: none"> • Recommend marketing and creating a news story or magazine article (i.e. the statistics on aging, transportation, homelessness) • Alcoholism and substance abuse and effects all aspects of life (housing, daily life) can bring in data <p><u>Vote on the Recommendations of the CPAW Steering Committee:</u></p> <p>CPAW Members:</p> <p>Yes: 11</p> <p>No: 0</p> <p>Abstain: 0</p> <p>Non-CPAW Members:</p> <p>Yes: 9</p> <p>No: 0</p> <p>Abstain: 0</p> <p>Recommendations adopted pursuant to vote of the CPAW</p>		

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
	committee.		
9. Public Comment, Announcements	<ul style="list-style-type: none"> • Suggested viewing of video for suicide prevention for teens, “I’m Not Alone”. Individual teens tell their personal story on video available on Netflix. • NAMI fundraiser will be held on March 17th from 6:00 pm to 10:00 pm at Centre Concord in Concord. 		Meeting Attendees
10. Review of Meeting	Steering Committee Recommendations were summarized prior to vote. Recommendations were adopted by CPAW Committee members.		Meeting Attendees
11. Review Upcoming CPAW Meetings	The next CPAW meeting will take place on March 1st. The Steering Committee will meet on March 15th.		