

Consolidated Planning and Advisory Workgroup (CPAW)

Thursday, August 6, 2020

3:00 pm – 5:00 pm

Meeting Access via Online Zoom Video Conference and Telephone Conference:

<https://homebaseccc.zoom.us/j/724180505?pwd=ayswSINGeU02MTMrRkIzSky1OFYyQT09>

Call In Number: 1-669-900-6833 Meeting ID Code: 724 180 505 Password: 6472



Members Attending: Stephen Boyd, Candace Collier, Doug Dunn, Anna Lubarov, Sara Marsh, Lauren Rettagliata, Roberto Roman, Jennifer Tuipulotu, Graham Wiseman, Amelia Wood

Staff Attending: Dr. Suzanne Tavano, Janet Costa, Jessica Dominguez, April Loveland, Rene Owens, Michael Petersen, Jonathan San Juan, Ellie Shirgul, Windy Taylor, Robert Thigpen, Genoveva Zesati

Public Participants: Greg B., Eric Bowers, Pete Caldwell, Chaplain Creekmore, Gigi Crowder, Wanda Davis, Dawn, A.M. Diego, Rosa Elaine, Nicole Green, Deborah Kanu, Susan Norwick-Horrocks, Teresa Pasquini, Jose Romero, Andrew Thompson, Jimi Vicencio,

Facilitator: Amanda Wehrman

Recorder: Audrey Montana

Staff Support: Jennifer Bruggeman

Excused from Meeting: None

Absent from Meeting: Lisa Bruce, Steve Blum, Jo Bruno, Y’Anad Burrell, Courtney Cummings, Tom Gilbert, Dave Kahler, James Lancaster, Jackie Lerman, Leslie May, Mariposa McCall, Kathi McLaughlin, Ryan Nestman, Melinda O’Day, Chelise Stroud, Gina Swirsding, Johanna Wagner, Matthew Wilson,

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
1. Welcome – Roll Call, Call to Order • Announcements • Finalize Meeting Notes	<ul style="list-style-type: none"> • Roll Call, Call to Order • Announcements - None • Meeting Notes (July 2, 2020) – Approved no revisions 	<p>Information</p> <p>Notes approved. Will be posted to MHSa CPAW website.</p>	<p>Amanda Wehrman, Facilitator</p> <p>Audrey Montana to post notes.</p>

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<p>2. Stakeholder Sharing by Committee or Meeting Representatives on Key Topics</p> <ul style="list-style-type: none"> • Adults Committee • Aging & Older Adults Committee • Alcohol and Other Drug Services (AOD) Advisory Board • Behavioral Health Care Partnership (BHCP) Meeting • Children, Teens and Young Adults (CTYA) Committee • Health, Housing & Homeless Services (H3) – Continuum of Care • Innovation (INN) Committee • Membership Committee • Mental Health Commission (MHC) • Mental Health Commission – Quality of Care • Reducing Health Disparities (RHD) • Social Inclusion Committee • Suicide Prevention Committee • System of Care Committee • Training Advisory Workgroup (TAW) 	<p>Adults: No additional comments.</p> <p>Aging & Older Adults Committee: Met on July 22nd. Discussed Presentation on Housing Barriers for Older Adults. Discussed trainings and advocacy. Committee meets fourth Wednesday of the month from 2:00 – 3:30 pm.</p> <p>Alcohol and Other Drug Services (AOD) Advisory Board: No additional comments.</p> <p>Behavioral Health Care Partnership (BHCP): No additional comments.</p> <p>Children, Teens and Young Adults (CTYA) Committee: No additional comments.</p> <p>Health, Housing and Homeless Services (H3): No additional comments.</p> <p>Innovation (INN) Committee: No additional comments.</p> <p>Mental Health Commission (MHC): The Commission met last night and approved two motions – one regarding police training and the second to adopt uniform use of force standards in 5150 crisis calls and require de-escalation training. Received presentation on the County Assisted Outpatient Treatment (AOT) program. Discussion on Voting which will be a topic at the September Commission meeting.</p> <p>Mental Health Commission (MHC) – Quality of Care Committee: No additional comments.</p> <p>Reducing Health Disparities (RHD): No additional comments.</p> <p>Social Inclusion Committee: Will meet August 13th and will discuss the upcoming Community Forum. Will develop questions for the Forum. Partnered with the HUME Center</p> <p>Suicide Prevention Committee: No additional comments.</p>		<p>Committee Representatives</p>

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	<p>System of Care Committee: No additional comments.</p> <p>Training Advisory Workgroup (TAW): No additional comments.</p>		
<p>3. Dialogue with Contra Costa Behavioral Health Services (BHS) Executive Staff</p> <ul style="list-style-type: none"> • Update on Mental Health Services Act (ACT) Three Year Plan and Budget Update • Update on MHSA State level discussions 	<p>Dialogue with Contra Costa County Behavioral Health Services (BHS) Executive Staff</p> <p>Dr. Suzanne Tavano:</p> <ul style="list-style-type: none"> • COVID-19 Update <ul style="list-style-type: none"> ○ Previously could schedule a test within one day and have test results in one to two days. Now labs are backlogged. Delay depends on the lab. Some labs provide results in two days and others as long as nine days. Do not currently have information as to self-test. ○ Finding some positive results with clients and staff. From community contact ○ One incident of staff testing positive in Unit 4C but appears contracted from community contact. Staff at 4C and PES were tested. 4C was closed briefly. Nothing to warrant closure of PES. ○ Persons Under Investigation (PUI) Hotel – For those who tested positive with no or minimum symptoms, those who have symptoms and can't return home and those tested but no results yet ○ Applied for a grant from Project Home Key. Should have response soon. If receive, can expand housing. ○ Clinics and Programs are open with staggered staff. Have online services and some in-person services. Provide same services as previously. ○ Mobile Crisis Response Team (MCRT) and Mental Health Emergency Team (MHET) responding and doing more in-person care ○ Project Room Key – Have 500 rooms leased under this Project for those originally in congregate care facilities. Focusing on congregate care facilities and provide testing. In process of obtaining additional hotel rooms. 		<p>Dr. Suzanne Tavano, Director, Contra Costa Behavioral Health Services</p>

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	<ul style="list-style-type: none"> ○ State COVID-19 reporting systems had glitches that under reported incidents – being fixed and updated now ○ Until the State fixes the glitch and updates its data, the County and many in the Bay Area are on the State’s Watch List. Cannot loosen restrictions until the State data is corrected and County numbers are going in the right direction ○ Everyone please wear masks, social distance and use hand sanitizer. This is the only way to control the pandemic. ● Schools <ul style="list-style-type: none"> ○ Schools: For High Schools, no plan to open currently. For elementary Schools, will remain closed until off the State Watch List and lower positive test results ○ Once removed, each School District will submit a waiver request and a plan to the Superintendent of Schools. And then request approval from the Public Health Officer. ● Update on Mental Health Services Act (MHSA) Three Year Plan budget <ul style="list-style-type: none"> ○ Loss in realignment funds. Appears may continue to decline in the next few years. These are funds for our mandated core Programs. We have to keep them going. ○ Does not appear we can continue with the significant expansions as outline in the original Three Year Plan (posted in February). No public hearing on that Plan yet. ○ Can sustain programs for 2019-2020, but going forward most likely cannot do majority of program expansions outlined in the original Three Year Plan (due to reduced MHSA funds and reduced realignment funds). ○ Identified five to seven million dollars in MHSA funds to be used to replace the loss of realignment dollars ○ To assess the MHSA Three Year Plan, need to see the current state of the State budget. Also awaiting the final County budget. Anticipate will need to revise the current MHSA budget in the Fall. ○ Listening to the Community at Large – focus on 		

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	<p>therapeutic housing, Enhanced Board and Cares and Mobile Crisis Response.</p> <ul style="list-style-type: none"> ○ Anticipate declining MHSA dollars. If we proceed with the original planned expansions, would result in negative funds. Still need to maintain Prudent Reserve. We will be using Unspent Funds. ○ State Department of Health and Community Services was flexible and approved postponing the submission of the MHSA Three Plan to next year – by June 2021. No need for another thirty-day public comment period. Goal is for a public hearing on the revised MHSA Three Year Plan to be held in October if possible. ○ Jennifer Bruggeman (MHSA Program Manager) <ul style="list-style-type: none"> ▪ Just need to describe need for changes (i.e. COVID) in the Three Year Plan, complete the public hearing with the Mental Health Commission and then submit to the Board of Supervisors ● SPIRIT Program Interns <ul style="list-style-type: none"> ○ Congratulations to the SPIRIT students and their instructors. Quite a different year this year. But you made it. Congratulations. Next are the internships. <p>Comments and Response to Questions:</p> <ul style="list-style-type: none"> ● (Amelia Wood) What is Project Home Key? Response: (Lauren Rettagliata) Project Home Key resulted from an order from the Governor. Funds to be used to house the homeless and also those suffering from a serious mental illness and substance use disorder. Allows buying of properties (hotels, apartments), renovation and use for this population. ● (Douglas Dunn) The budget will be discussed at the next Mental Health Commission Finance Committee meeting on August 19th. ● (Anna Lubarov) SB803 is the Peer Certification Bill was amended. If County opts to do so, will get fifty percent federal matching funds. Is the County on board with this? (Dr. Tavano) We have been advocating for this – statewide 		

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	<p>recognition of peer providers. Peer Providers have been part of our system since 1990 have some codes for billing.</p> <ul style="list-style-type: none"> • (Gigi Crowder) The community has determined that Housing is the number one priority and Family Support is number two. There is currently no funding for family support. Need to explore funding for the Miles Hall Pilot Program to support a non-police response to help persons in mental health crisis situations. (Dr. Tavano) We are looking for financial partners and are hoping cities, hospitals or private insurers may be able to contribute. • (Wanda Davis) We have these forums every year to bring the broader community stakeholder and family voices. The Early Childhood Mental Health Forum was very well attended. Heartbreaking we do not have funding to do things we agreed we thought we could do in this new budget. Funding is going elsewhere. (Dr. Tavano) That information will still be factored into the budget. 		
<p>4. Update on Service Provider Individualized Recovery Intensive Training (SPIRIT) Transition to Distance Learning</p>	<p>Presentation by Office for Consumer Empowerment - The SPIRIT Program (PowerPoint Presentation–Copy of Presentation Slides Provided)</p> <p>Presenters: Jennifer Tuipulotu (Program Coordinator), April Loveland (Peer Vocational Specialist), Michael Petersen (SPIRIT Instructor), Janet Costa (SPIRIT Instructor), Candace Collier (SPIRIT Vocational Specialist):</p> <ul style="list-style-type: none"> • Presentation Summary: SPIRIT is a nine-unit college course specializing in peer provider training. To be trained as behavioral health service providers. It is a partnership with Contra Costa College and funded by MHSA funds. The program is intended for people with lived experience (i.e. clients, family members, caregivers). This presentation will outline the adapted changes made to convert from in-person class to distant learning in four days. Adapted to challenges faced by COVID-19 and Shelter in Place Order during this 		<p>Office for Consumer Empowerment (OCE)</p>

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	<p>coursework and internship. Occurred right before midterm, before Work Study Fair and before Interns. OCE Received technical support. The College loaned Chromebooks which we dropped off to students. Instructors themselves had to immediately take classes on teaching with Zoom. Immediately contacted all 53 students and helped them adapt to having classes and tests online. Printed and dropped off class materials to each student's home. Classes taught online via Zoom and tests online. Usually graduate in the July. Had to extend classes and Internship into the Fall. Some students had to drop out who were enrolled in other college courses soon to start or other reasons - leaving 43 students remaining. With collaborative efforts within BHS, conducted online interviews for the Internship program. Due to collaborative efforts of OCE, BHS, Community partners and the College, anticipate 43 SPIRIT students to graduate October 5th in a virtual ceremony assisted by Putnam Clubhouse. Thank you to amazing OCE staff and all the collaborating agencies that worked to support this 2020 SPIRIT program and the students.</p> <p>Comments and Questions:</p> <ul style="list-style-type: none"> • (Andrew Thompson) Want to commend the effort and love of the OCE staff. They did an incredible job. I was one of the 2020 students. The staff at OCE bent over backwards to help. Have so much respect for them. Hope everyone recognizes the help they provided. 		
<p>5. Planning for Virtual Community Program Planning Process</p> <ul style="list-style-type: none"> • Identify breakout session discussion groups • Input for Forum Program outline 	<p>Jennifer Bruggeman and Genoveva Zesati</p> <ul style="list-style-type: none"> • First time an MHSA Community Forum will be virtual • Partnered with the Native American Health Center and assisted also by OCE and Peers • Reviewed draft Agenda - Items/Topics and presenters • Forum date is tentatively September 23rd. Will be two and a half hours. Will be held via Zoom. Will have breakout groups 		<p>Jennifer Bruggeman (MHSA) Program Manager) and Genoveva Zesati (Workforce Education & Training</p>

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	<ul style="list-style-type: none"> Potential Forum topics will be discussed at the next Social Inclusion Committee meeting on August 13th and at the CPAW Steering Committee meeting of August 20th 		Coordinator/Ethnic Services Coordinator
6. Housing That Heals Presentation	<p>Lauren Rettagliata and Teresa Pasquini (co-authors of “Housing That Heals”)</p> <p>(PowerPoint presentation and report “Housing that Heals” provided)</p> <ul style="list-style-type: none"> Presentation Summary: There needs to be an emphasis on helping those with a serious mental illness (SMI) who are caught in a revolving door of improper treatment, the emergency room, the street and for some jail or prison. They do not receive the right treatment at the right time. There is a need for humane housing for the most vulnerable where treatment will be effective. Need to provide humane housing with services where they can receive treatment. The California system was designed to save money and is not working. Housing that Heals is a strategy that will save money, provide better quality of life and result in better outcomes. Will stop suffering of patients, families and providers. More than a house, room or room key. It is a system of care that wraps a person in all the medical, clinical, rehabilitative and social supports needed. This population needs more than a Housing First program. They need a system that cares and catches them before they fall off the cliff. We spent twelve months traveling across California visiting housing programs and attended local and state meetings. There is an acute lack of beds. County jails are the largest providers of mental health services. There is a lack of a continuum of psychiatric care – the human log jam. The first part of this report is focused on California and the second is on Contra Costa County. Need to create a mental health system that is healing for all. Reviewed history in this County as to these issues. Showed a consistent need for adequate housing and services. In January 2019 we set out to 		Lauren Rettagliata and Teresa Pasquini

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	<p>find the best model for housing in California. Researched locked facilities. Need step down support. Visited various program at statewide that provide supportive housing. Need more supportive housing in this County. Listed outstanding programs/models that work (Crestwood, Garden Part Apartments, John Henry Foundation, Kirker Court Apartments). Also attended federal, state and local meetings and conferences and the Assisted Outpatient Treatment (AOT) Symposium in Ohio. Want to share what they have learned so the continuum of care can be mended so that people no longer fall off the cliff or through the cracks. Provided a list of recommendations. We all must consider how we can do better. Ask state and local leaders and community partners to help this vulnerable population that has historically been forgotten. We must build community support for Housing that Heals in Contra Costa.</p> <p>Comments and Questions:</p> <ul style="list-style-type: none"> • (Amelia Wood) Thank you for the presentation. Would love to join task force and see more projects like Garden Parks. • (Roberto Roman) Thank you for the work you have done and the work you are continuing to do. It is important, meaningful and makes a difference. • (Anna Lubarov) A great presentation. In this effort, Peer Support is valuable. There is insufficient Peer representation and support in this County. 		
7. Public Comment & Suggestions for Future Agenda Items	<ul style="list-style-type: none"> • There will be no CPAW meeting in September due to the Community Forum to be held on September. There will be no Suicide Prevention Committee meeting in September. 		Amanda Wehrman
8. Plus / Delta – Review of Meeting	<ul style="list-style-type: none"> • No comments 	CPAW members and attendees	Amanda Wehrman
9. Adjournment & Next CPAW Meeting	<ul style="list-style-type: none"> • The next CPAW meeting will be October 1st from 3:00 pm to 5:00 pm. 		Amanda Wehrman