

Consolidated Planning and Advisory Workgroup (CPAW)

Thursday, December 3, 2020

3:00 pm – 5:00 pm

Meeting Access via Online Zoom Video Conference and Telephone Conference:

<https://homebaseccc.zoom.us/j/724180505?pwd=ayswSINGeU02MTMrRklzSky1OFYyQT09>

Call In Number: 1-669-900-6833 Meeting ID Code: 724 180 505 Password: 6472



Members Attending: Stephen Boyd, Chaplain Creekmore, Candace Collier, Douglas Dunn, Anna Lubarov, Sara Marsh, Kathi McLaughlin, Ryan Nestman, Lauren Rettagliata, Roberto Roman, Jennifer Tuipulotu, Amelia Wood

Staff Attending: Dr. Suzanne Tavano, Jessica Hunt, Jaime Jenett, Jonathan San Juan, Windy Taylor, Robert Thigpen

Public Participants: Ben, Pete Caldwell, Ali Michael Cannon, Jenna Dynes, Lisa Finch, Marilyn Franklin, John Gallagher, Carolyn Goldstein-Hidalgo, Laura Griffin, Kody Jones, Kevin Kulp, Carla Liggins, Diane McCart, Margaret Netherby, Michelle O’Keefe, Marina Ramos, Robert Zunter

Facilitator: Amanda Wehrman

Recorder: Audrey Montana

Staff Support: Jennifer Bruggeman

Excused from Meeting: None

Absent from Meeting: Lisa Bruce, Steve Blum, Jo Bruno, Y’Anad Burrell, Courtney Cummings, Tom Gilbert, Dave Kahler, Kimberly Krisch, James Lancaster, Jackie Lerman, Leslie May, Mariposa McCall, Melinda O’Day, Chelise Stroud, Gina Swirsding, Johanna Wagner, Matthew Wilson, Graham Wiseman

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
1. Welcome – Roll Call, Call to Order • Announcements • Finalize Meeting Notes	<ul style="list-style-type: none"> • Roll Call, Call to Order • Announcements – <ul style="list-style-type: none"> ○ (Jennifer Bruggeman) Introduced the newest Team member of the Mental Health Services Act (MHSA) staff – Jessica Hunt (Prevention and Early Intervention (PEI)Program Supervisor). Also, the MHSA office has moved. The new address is 1340 Arnold Drive, Suite 126, Martinez 94553. ○ (Kathi McLaughlin) Am no longer on the Martinez Unified School District Board. But will continue to represent 	<p>Information</p> <p>Notes approved. Will be posted to MHSA CPAW website.</p>	<p>Amanda Wehrman, Facilitator</p> <p>Audrey Montana to post notes.</p>

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	<p>education at CPAW. The district has two new members - Cortney Masella-O'Brien and Anne Horack Martin. And there also a new Superintendent – Dr. Julie Snyard.</p> <ul style="list-style-type: none"> ○ (Lauren Rettagliatta) All welcomed Douglas Dunn back to the CPAW meetings. ● (Meeting Notes (November 5, 2020) – Approved with revisions 		
<p>2. Stakeholder Sharing by Committee or Meeting Representatives on Key Topics</p> <ul style="list-style-type: none"> ● Adults Committee ● Aging & Older Adults Committee ● Alcohol and Other Drug Services (AOD) Advisory Board ● Behavioral Health Care Partnership (BHCP) Meeting ● Children, Teens and Young Adults (CTYA) Committee ● Health, Housing & Homeless Services (H3) – Continuum of Care ● Innovation (INN) Committee ● Membership Committee ● Mental Health Commission (MHC) ● Mental Health Commission – Quality of Care ● Reducing Health Disparities (RHD) 	<p>Adults Committee: No additional comments.</p> <p>Aging & Older Adults Committee: No additional comments.</p> <p>Alcohol and Other Drug Services (AOD) Advisory Board: No additional comments.</p> <p>Behavioral Health Care Partnership (BHCP): A special meeting will be held on Tuesday, December 15th. Will complement the Value Stream Mapping process. Will focus efforts on three areas of improvement. Please get word out. Want as much of the community as possible to participate.</p> <p>Children, Teens and Young Adults (CTYA) Committee: Staff support for the Committee met. Discussed reshaping the Committee. Want to discuss and partner with the community. Plan to reconvene in March. Will send announcements.</p> <p>Health, Housing and Homeless Services (H3): Jaime Jenett will provide information during the presentation to CPAW today.</p> <p>Innovation (INN) Committee: No additional comments.</p> <p>Mental Health Commission (MHC): The Mental Health Commission met yesterday. Dr. Suzanne Tavano provided a detailed update on the County's best efforts as to Behavioral Health and the COVID-19 pandemic. Provided an update as to Unit 4D.</p>		<p>Committee Representatives</p>

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<ul style="list-style-type: none"> • Social Inclusion Committee • Suicide Prevention Committee • System of Care Committee • Training Advisory Workgroup (TAW) 	<p>Mental Health Commission (MHC) – Quality of Care Committee: No additional comments.</p> <p>Reducing Health Disparities (RHD): Reviewed the 2020-2023 Cultural Humility Plan and Work Plan. Provided updates from the COVID-19 Historically Marginalized Communities Engagement Unit as various events occurring providing COVID-19 testing throughout the County. November 7th had a testing event at the West County Clinic and over 600 people were tested that day. Will send information as to the next testing event.</p> <p>Social Inclusion Committee: No additional comments.</p> <p>Suicide Prevention Committee: No additional comments.</p> <p>System of Care Committee: Correction – The next System of Care Committee meeting will be Wednesday, December 9th.</p> <p>Training Advisory Workgroup (TAW): No additional comments.</p>		
<p>3. Dialogue with Contra Costa Behavioral Health Services (BHS) Executive Staff</p> <ul style="list-style-type: none"> • Moving into Purple Tier and community COVID • Value Stream Mapping report out • Other updates including Psychiatric Emergency Services (PES), Doug Dunn 	<p>Dialogue with Contra Costa County Behavioral Health Services (BHS) Executive Staff</p> <p>Dr. Suzanne Tavano:</p> <ul style="list-style-type: none"> • Mental Health Services Act (MHSA) Three Year Plan and Expenditure Report <ul style="list-style-type: none"> ○ Jennifer Bruggeman and I met with the Family and Human Services Committee of the Board of Supervisors last week, provided a PowerPoint presentation and the Committee had no objection to the Three Year Plan. The Committee felt the Plan should go before the full Board of Supervisors to provide the same presentation and an update. Possible date to go before the Board most possibly be early February. MHSA contracts are still being processed. There is no interruption in the continuity of MHSA services being provided. 		<p>Dr. Suzanne Tavano (Director, Behavioral Health Services)</p>

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	<ul style="list-style-type: none"> • No Place Like Home <ul style="list-style-type: none"> ○ Request for Proposals (RFP) for Noncompetitive Funding that is available for housing <ul style="list-style-type: none"> ▪ Had two bidders and both are great. Making final determinations currently. Is on fast track. Once determined, will inform CPAW of the recipient of the award and details of the project. ○ Preparing for the next round of competitive funding for No Place Like Home funds <ul style="list-style-type: none"> ▪ A number of organizations have expressed interest ▪ In the prior funding round, the County submitted four applications. One was approved with a six million dollar award – the Galindo Street housing project in Concord. • COVID-19 Update <ul style="list-style-type: none"> ○ Governor Newsom had a press conference today ○ California, the Bay Area and the County are not in good shape ○ The County moved back into the Purple Tier a couple of weeks ago ○ Despite guidance from the Center for Disease Control (CDC), people still traveled during the holiday. Anticipate numbers to go up the next three weeks. ○ Contra Costa had 17.9% new cases of COVID per 100,000 residents. Had a positivity rate of 4.1%. The State looks at these two numbers to determine the applicable tier ○ To be out of the Purple Tier and to the lower restriction level, need 7% or less new cases per 100,000 people for two weeks. Anticipate our current number will go up. We have no problem with the State’s required 8% or less test positivity rate. We are well under that number at 4.1%. ○ For updated data as to COVID, please go to cchealth.org. ○ The State also looks at the Intensive Care Unit (ICU) rate. 		

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	<p>For information as to available beds at County ICU's, please refer to cchealth.org/ICU rate</p> <ul style="list-style-type: none"> ▪ Contra Costa County is not at the saturation point. Currently there is bed availability. We are doing better than some other counties. ○ Stress importance of always wearing a mask, maintaining social distancing, washing hands, not socializing. We must all carry this message. ○ Receiving emails and calls from the Call Center <ul style="list-style-type: none"> ▪ Some members of the public are very distressed and disgruntled due to the restrictions – feel anxiety, frustration and anger ▪ Want to hear from them to problem solve ▪ I also made return calls to people. To ensure people are safe and help people to problem solve. Aware these are challenging times. ○ Two vaccinations are awaiting final emergency approval from the federal Drug Administration (FDA) ○ Quite possible Contra Costa County will be receive vaccine doses in the second half of December. Will prioritize those who will receive the vaccine <ul style="list-style-type: none"> ▪ Looked at guidance from the CDC ▪ Prioritize health care workers in acute care settings (hospitals), people in long term care facilities (primarily older adults) – Phase 1 ▪ Not enough vaccine to provide to all so will administer in phases ▪ Behavioral Health staff are considered health workers and will receive vaccinations in appropriate phases ▪ Will require two doses ▪ The County has spent the last few weeks preparing to administer the vaccines ○ COVID-19 Testing <ul style="list-style-type: none"> ▪ Still a high demand for tests especially prior to the holiday 		

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	<ul style="list-style-type: none"> ▪ Need to ramp up the testing to meet the high demand at the same time preparing to administer the vaccines ▪ Ensuring testing sites up and are maximizing appointments ▪ At the same time, start to administer the vaccine – most likely a two dose vaccine. Anticipate providing immunizations into March. ○ Encourage all Behavioral Health Services staff to continue to help by wearing masks and continue maintaining social distancing. Found virus spreads easily when unmasked while eating (i.e. in breakrooms). ○ Tomorrow Dr. Farnitano that will reflect on what Governor Newsom said today. • Inpatient Psychiatric Unit 4D <ul style="list-style-type: none"> ○ The Unit was opened initially with six beds. Intent to expand beds each week. Need staff to expand capacity. ○ The full opening of 4D will be in January <p>Comments and Response to Questions:</p> <ul style="list-style-type: none"> • (Lauren Rettagliata) Did Governor Newsome say some counties are in the Stay At Home mode? Response: I will read the text of the Order soon. We will have the details tomorrow when Dr. Farnitano provides his updated Public Health Officer’s Orders. In Contra Costa we have been more conservative in trying to control the numbers. • (Amelia Wood) Will these Orders mean hotel rooms will open up for clients who are on the street? Response: The County contracted for six hundred hotel rooms through Project Room Key. Issue is when the County accepts federal funding, there are a lot of federal guidelines to follow. Created some challenges. Now in an effort to purchase one of the leased hotels. Health Housing and Homeless Services (H3) is working to provide housing navigation services – moving those in the hotels to the next step in housing to provide room for new residents of the leased hotel rooms. Funding was to 		

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	<p>end December 31st but now will be provided through June. Some shelters have been opened in very limited capacity. (Jaime Jenett, H3) The purchase of the Motel 6 in Pittsburg has gone through. People residing there under Project Room Key will remain there. Currently prioritizing people who are already in hotels for housing. We have added housing navigation. Idea is that no one will go back to the streets. We have funding through June. For the shelters, construction putting up physical barriers is currently in progress. Shelter capacity will be less. (Dr. Tavano) We are hoping to reopen the Don Brown shelter. We compiled a comprehensive analysis of all the Mental Health Rehabilitation Centers (MHRC) that the County contracts with around northern California. Most not accepting new admissions due to COVID. If active COVID, there are no admissions or discharges. Talking with another provider who had bed availability. Trying to fast track a contract with them.</p> <ul style="list-style-type: none"> • (Sara Marsh) Thank you for the description of all the efforts on the government level. There is so much misinformation. We tell people the virus is now the third highest cause of death in this country. Shows it is real. Is important to give correct information on the upcoming vaccines. Providing such information even remotely is making a difference. • (Jonathan San Juan) Some people who have taken the vaccine have gotten a bit sick. Has this been addressed as may be a group in a workplace? Would this effect services? Response: Just weighing that with the potential of becoming ill with COVID. Planning may have to be done in anticipating such reactions to the vaccine. Ten to fifteen percent in the test group experienced such side effects. So 85% should not have such reactions. • (Jenna Dynes) Listened to Governor Newsome’s press conference today. He broke down the state into five regions. Once ICU availability is above 15% for the Bay Area region, restrictions will be eased. For the Bay Area, is anticipated to 		

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	<p>happen at the end of this month. Response: We are a mutual aid County so we offer to help neighboring counties.</p> <ul style="list-style-type: none"> • (Douglas Dunn) Southern California and the central valley generally seem to be in worse shape than the Bay Area. The State is watching the Bay Area to see if we reach that level. If we do, the State will be at a very restrictive level. So interested to see what the County Health Officer will say about the County restrictions in relation to restrictions of other counties. 		
<p>4. Presentation from Health, Housing and Homelessness (H3)</p> <ul style="list-style-type: none"> • Updates on Services during COVID • Homeless Awareness Month • 2021 Point in Time count 	<p>(Jaime Jenett presented)</p> <p>(PowerPoint presentation – “Update on Homeless System of Care)</p> <ul style="list-style-type: none"> • November was Homeless Awareness Month <ul style="list-style-type: none"> ○ Put together a toolkit of resources for consumers ○ Link – https://cchealth.org/h3/coc/pdf/Homeless-Awareness-Toolkit.pdf ○ Shared a video from Homeless Awareness Month https://spark.adobe.com/video/PT9TaVo24LyPo ○ Photos came from agency partners • Hosted an H3 Community Learning Hub on November 19th <ul style="list-style-type: none"> ○ We are trying to amplify the consumer voice ○ Had a panel discussion with five different populations ○ https://www.contracosta.ca.gov/AgendaCenter/ViewFile/Minutes/_11192020-3054 • Link for H2 Flyer: https://cchealth.org/h3/help.php • COVID-19 and Homeless Services <ul style="list-style-type: none"> ○ People seeking homeless services have three points of entry <ul style="list-style-type: none"> ▪ Call 211 – talk to a live person 24/7 ▪ Walk into a CARE Center – drop in daytime centers (Richmond and Walnut Creek) ▪ Contact with CORE Mobile Outreach Team – call 211 		<p>Jaime Jenett (Community Engagement Specialist - Health, Housing and Homeless Services) (H3)</p>

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	<ul style="list-style-type: none"> • Range of Services <ul style="list-style-type: none"> ○ Prevention – stop from becoming homeless ○ Rapid Resolution – newly homeless, help stabilize, look for funding, problem solving, mediation ○ Street Outreach – CORE reaches out to those currently homeless ○ Emergency Interim Housing – shelters ○ Housing Navigation – seeking house but need help with applications for housing, financial support, help obtaining required identification and other support services ○ Permanent Supportive Housing Options (support with rent and services) ○ Informational Flyer – Care Centers. Link; http://cchealth.org/h3/coc/help.php • COVID <ul style="list-style-type: none"> ○ Congregate living situations in shelters risk of COVID ○ Need additional space • Project Room Key <ul style="list-style-type: none"> ○ Provided 500 hotel rooms for high risk population ○ Helped stop the spread of COVID ○ Out of 8,157 homeless persons tested, only 172 tested positive ○ FEMA reimbursed so strict criteria on getting into housing and keeping housing ○ Some criteria are for those with mental health issues and those with substance use issues ○ Moved 400 people out of shelters into private rooms ○ Have 105 rooms for those Put Under Investigation (PUI) as possible exposure/illness from COVID. Those who could not wait for housing or wait to get test results because must start quarantine ○ 99% utilization rate of these rooms ○ 1,400 served to date ○ Reviewed demographics of those served ○ Reviewed H3 Roles and contacts (System of Care Team, 		

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	<p>Research Evaluation and Data Team, Coordinated Entry Team and Programs Team)</p> <ul style="list-style-type: none"> • Recently purchased a leased hotel <ul style="list-style-type: none"> ○ From Project Room Key to Home Key • A copy of this presentation is available from the COC Learning Hub at the following link: https://813dcad3-2b07-4f3f-a25e-23c48c566922.filesusr.com/ugd/84606e_f5c0dd6307584ad8b6e324c9ab56b84a.pdf <p>Comments and Response to Questions:</p> <ul style="list-style-type: none"> • (Sara Marsh) The County really stepped up since March. This was a coordinated effort by the County to provide services and housing during these times. The County has served as a model. • (Robert Thigpen) Are we at capacity with these hotels? Do people have to call every day for shelter/housing? Response: Yes we are at capacity. But, have kept the same priorities as pre-pandemic – prioritize the most vulnerable people. People can call the on-call team who will ask eligibility questions. Used to be able to provide transportation to shelters before the pandemic. • (Jonathan San Juan) Thank you for all the great services you provide. How many people on the streets have this information as to where to go when they need help? Response: When CORE Outreach first started, there were three teams. Now there are fourteen teams. CORE is out there and people know about them. Some of the newly homeless many not know about CORE. So please every put the word out as to the three ways to access homeless services. 		

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<p>5. Community Crisis Initiative – Value Stream Mapping Event</p> <ul style="list-style-type: none"> • Participant insider perspective 	<ul style="list-style-type: none"> • Stephen Boyd (Participant Perspective) <ul style="list-style-type: none"> ○ Contra Costa Health Services held a Value Stream Mapping event during a two week period – November 9 through November 20, 2020 ○ Current County Community Crisis Response services and efforts were examined ○ Included over 40 people from different disciplines participating – Health Services, Behavioral Health Services, Community Based Organizations (CBO), John Muir Behavioral Health, Law Enforcement of each region, Fire Department, Emergency Medical Services personnel, people with lived experience (consumers and family members) ○ Started with introductions and presentation by April Loveland of the Office For Consumer Empowerment ○ Reviewed current County community crisis response <ul style="list-style-type: none"> ▪ Observations during ride alongs with CORE Outreach Team and Mobile Response Team ▪ Observations of the Call Center (211 and Access line calls) ▪ Interviewed persons with lived experienced who had utilized these crisis response services ▪ Spoke with Alameda County’s favorable community crisis response representatives ○ Then identified what was working well but also identified the waste (things to exclude to make community crisis response more efficient) ○ At the end, the group came up with a plan as how to improve on the community crisis response process. Found three areas of improvement ○ Health Services plans to follow up with a series of Rapid Improvement Events to implement the plans for improvement ○ Those with lived experience who participated in this event were glad this process was happening and believed 		<p>Stephen Boyd (Participant, Value Stream Mapping Event)</p>

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	<p>everyone involved truly wanted to see a change for the better in the community in crisis response procedures. They felt their input was valued and taken into serious consideration</p> <ul style="list-style-type: none"> ○ The Health Services Director (Anna Roth) and Behavioral Health Services Director (Dr. Suzanne Tavano) were also a part of this event from beginning to end and were very involved in the effort for making change ○ Appreciated those with lived experience and who may have been recipients of the services being provided participated and their input was valued ● Chaplain Creekmore (Participant Perspective) <ul style="list-style-type: none"> ○ Definition of Value Stream Mapping – Method used to see the efficiencies and deficiencies of a process from the beginning to the end. To identify deficiencies and efficiencies and improve upon them. ○ Everyone did a great job going out into the community, making observations, talking to different people ○ I was glad I was able to participate. I had no idea how much of a time commitment this would be ○ Made difference in coming together. Connected with others. Gave us a really good perspective. Could talk about our feelings. ○ I am hopeful and anticipating that the things that we learned will pull us together as a people in Contra Costa County. To be able to stretch out our hand in a more effective and efficient way to help people and loved ones and to do a better job. Glad we did it. Look forward to seeing the fruits of this labor and what it brings. ● Anna Lubarov (Participant Perspective) <ul style="list-style-type: none"> ○ This event was organized in response to requests made by the Friends of Scott, Alexis and Tom Hall. This was the family that lost their son (Miles Hall) last year. Miles Hall was shot by the police even though the family did everything right in connecting Miles with correct services 		<p>Chaplain Creekmore (Participant, Value Stream Mapping Event)</p> <p>Anna Lubarov (Participant, Value Stream Mapping Event)</p>

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	<p>and notifying the police about Miles’ mental health issues. The family spent the last year trying to make changes in our County response services.</p> <ul style="list-style-type: none"> ○ Happy to see all these different agencies come together to participate in this event ○ Was happy to see terms as peers, peer providers and family providers in discussions ○ There was a presentation by the head of Crisis Services of Alameda County. Alameda has a very good crisis response. They are far ahead of us. That presentation was extremely effective. But, to watch that presentation was optional. Not everyone participating saw the presentation. People who saw the presentation were educated on the value of non-police crisis response. ○ Heard one staff say will not go out without police. So important to educate ourselves as to non-police crisis response and look at the various models. ○ Does not mean one hundred percent no police response. ○ Was very time consuming and a very emotional process. ○ Think we made a lot of progress. Hopeful that our management team took it to heart. Looking forward to creating a Miles Hall Crisis Response Program. <p>Comments and Response to Questions:</p> <ul style="list-style-type: none"> • (Jennifer Bruggeman) Thank you all for your time. We know it was a huge commitment of two weeks. We know it takes a lot of energy. We appreciate your participation in the event and also for coming to CPAW to share your experiences. To view the video of the full Report Out of the Value Stream Mapping event, the video can be viewed on the cchealth.org website. The following is the link to the video report out: https://cchealth.org/z/video/bhs-crisis-response-2020-1120.mp4 		

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	<ul style="list-style-type: none"> • Many mentioned the SPIRIT Program. Thought SPIRIT was great and should be offered in high schools, REACH and WRAP as well. • Another question involved Peer support. Have you or your loved one ever received services or supports from a peer provider? If yes, how was it different from receiving services from other behavioral health or wellness providers? • Peers offered hope. Peers say “You are not alone”. Some mentioned that having a Peer provider really made a difference. Help get connected and feel trust in the system. • Some requested more time for the talking circles during future Forums • Several liked the Yoga stretch that helped them stay engaged • Issues for those released from incarceration who struggle with no supports or programs to help them. Results in recidivism. • Need culturally responsive services • With the onset of COVID-19, young people in high school feel isolated and loneliness <p>Comments and Response to Questions:</p> <ul style="list-style-type: none"> • (Anna Lubarov) What do you plan to do to follow up on what you have learned at the previous forum? The community provided input. Plans can be made as a result of that input. Response: (Jennifer Bruggeman) We use the information to inform the next Mental Health Services Act (MHSA) Three Year Plan. We do not have plans yet as to future programing. • (Dr. Suzanne Tavano) Just a quick update. We have been talking with the State Department of Health Care Services about the new category of Certified Peer Specialists. Each County has the option to opt into this new provider class. If opt in, the County has to pay for that program. Several counties supported this legislation and agreed to pay for the program and specialists. Hope our County will opt into having this new category of Specialists. In our County, Peers and Family members have been providing services under the 		

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	<p>MediCal program for decades. Certified Peer Specialists is a new recognized classification. There will be a set of services that will be specific to Certified Peer Providers. We are looking at other states' programs and those offering the broadest range of services available. Implementation will not be this year or next year. Will be the following year. Working to lay the groundwork now.</p> <ul style="list-style-type: none"> (Anna Lubarov) Are Peer and family involved in this process of creating this new category for Contra Costa County? Response: No. It has to start at the State level. Need to understand what the classification is and what the services are. It is up to DHDS to determine the services and the MediCal coding for each service. This is what we are focusing on now. 		
7. Public Comment & Suggestions for Future Agenda Items	No Comments		Amanda Wehrman
8. Plus / Delta – Review of Meeting	No Comments	CPAW members and attendees	Amanda Wehrman
9. Adjournment & Next CPAW Meeting	<ul style="list-style-type: none"> The next CPAW meeting will be February 4, 2021 from 3:00 pm to 5:00 pm. 		Amanda Wehrman