

## Stakeholder Sharing

(CPAW Meeting – February 4, 2021)\*\*

Highlights of news to share and areas discussed at recent Contra Costa Behavioral Health Services (CCBHS) supported stakeholder meetings:

### Adult Committee

- Meetings canceled until further notice.

### Aging and Older Adult Committee (AOA) (December 1 and 14, 2020, January 13, 2021)

#### December 1<sup>st</sup>:

- Our workgroup received a presentation from the Contra Costa Health Services Data Team. The presentation discussed rates of infection, hospitalization and death due to COVID-19 among older adults in Contra Costa County. There is an exponentially higher risk for death from COVID-19 in older adults with the highest risk among adults who are 85 years old and older. According to the CDC adults who are 85+ are 630 times more likely to die from COVID-19 than adults who are 18 to 29 years old. We discussed possibly doing a campaign to get the numbers related to this risk out to the community.
- We also gathered feedback on edits to our infographic flyer on social isolation among older adults, and our Comcast television commercial highlighting 211 as a resource for older adults experiencing social isolation due to COVID-19. This commercial also highlights the APS reporting hotline. Both our infographic and commercial will be available in English and Spanish.

#### December 14<sup>th</sup>:

- Our workgroup received a presentation from the Hisham Alibob on the Intergenerational Connectedness Project, which connects older adults with young adults through a training program on web knowledge. The participants are paid and meet weekly. These groups also discuss prevention of interpersonal violence. We discussed technology and online resources for older adults.
- We provided updates on our infographic, Comcast commercial and custom print masks.
- We were happy to discuss distributing some of the materials that we had been working to create, including postcards designed to reach out to isolated older adults. 200 of these postcards included pre-paid postage so that the older adult could reach out to a friend or family member. We also discussed distributing holiday cards/letters/projects created by local 3rd graders.
- We discussed future projects and getting ready to develop projects related to the COVID-19 vaccine.

#### January 13<sup>th</sup>:

- Our workgroup met, and we had the Zoom premiere of our two Comcast commercials that are currently being broadcast in English and Spanish on TV, and in digital ads! We are happy to share these ads with our partners and would like the ads to be shared widely. Please contact Brianne Green at [bgreen@cchealth.org](mailto:bgreen@cchealth.org) if you would like to view these ads.
- We reviewed our completed infographic and discussed distribution of this infographic through Information & Assistance and Meals on Wheels. We also reviewed our completed

mask design, and some of the projects and cards completed by local 3rd graders and delivered to older adults in Residential Care Facilities for the Elderly.

- We discussed the COVID-19 vaccine, and the ways that it is currently being distributed to older adults. We brainstormed ideas related to messaging on the vaccine for older adults and ways that our partners can provide support to this process related to information, transportation, and support for older adults who have concerns/anxiety related to the vaccine.
- Our next meetings are scheduled for 1/27/21, 2/10/21, 2/24/21 from 2pm to 3:30pm.

### Alcohol and Other Drugs (AOD) Advisory Board (December 16, 2020)

- **Alcohol Beverage Control Temporary Regulations**

Jaime Rich from the Center for Human Development along with Patty Hoyt from Discovery Counseling Center presented on Alcohol Beverage Control's (ABC) temporary regulations, which allows 3<sup>rd</sup> party alcohol deliveries (i.e. Uber Eats and Door Dash) during the COVID-19 pandemic. ABC has been conducting minor decoy operations that resulted in a 79% failure rate in April 2020 and a 35% failure rate in August 2020. The failure rate demonstrates that alcohol is being delivered and of easy access to youth. Board members discussed endorsing a letter written to the Board of Supervisors and ABC. Both agencies the Center for Human Development and Discovery Counseling Center, have a contract with AODS to deliver prevention services that include AOD policy and advocacy efforts to prevent underage drinking.

- **AOD Staff Report**

Fatima Matal Sol presented the staff report and stated that positive COVID-19 cases have continued to increase. The Health Services Director sent an email stating that Contra Costa County received COVID-19 vaccines and they will be distributed to first responders as the initial priority. As part of this effort, all AOD service providers county and CBO operated have received the vaccines. Although safety protocols are reportedly being followed, currently, four residential treatment programs are dealing with COVID-19 outbreaks. As a result, the intake and admission process is slightly delayed due to the 14-day quarantine.

- **Committee Highlights**

- **Executive:** The Annual Strategic Planning Retreat meeting will take place via Zoom in January 2021
- **Community Awareness:** Cynthia Chavez participated in a successful radio segment with Mothers Against Drunk Driving (MADD) on November 25, 2020 and the Teens and Tweens Conference on December 2, 2020, which focused on youth alcohol and drug prevention.
- **Programs and Services:** The AODS Transition Team presented to the Committee about their current roles and responsibilities in supporting clients to enter treatment and navigate the system during the COVID-19 pandemic.
- The Board submitted its Annual Report to the BOS according to expectations, and this year the Board submitted a Triennial Report

- **Board Officer Position Elections**

Were deferred until January 2021 due to an omission on the December agenda which failed to indicate that the elections were an action item.

- **Next Meeting: Saturday, January 30, 2021**

**Behavioral Health Care Partnership (BHCP)** (December 15, 2020, January 19, 2021)

- Update to be provided at the CPAW Committee meeting.

**Children, Teens and Young Adults Committee**

- Meetings canceled until further notice.

**Health, Housing and Homeless Services (H3)** (December 3, 2020, January 21, 2021)

- Update to be provided at the CPAW Committee meeting.

**Innovation Committee** (January 25, 2021)

January 25, 2020:

- The December Innovation Committee meeting was canceled.
- The Center for Recovery and Empowerment (CORE) project remains to still provide check-in phone calls and half day services and/or other means of support to youth as able. Project is still working on getting approval to fill vacant positions.
- The Cognitive Behavioral Social Skills Training (CBSST) in Augmented Board & Cares is providing individual services as needed.
- MHSA budget and Three-Year Plan updates were discussed. It was advised that members attend the next CPAW Meeting to hear further updates.
- The next meeting is scheduled for Monday, February 22nd from 2:30pm to 4:00pm and will be via Zoom. Zoom link will be sent out a week before the meeting.

**Mental Health Commission (MHC)** (December 2, 2020, January 6, 2021)

December 2<sup>nd</sup>:

- Erika Jenssen (Deputy Director, Health Services), Amanda Dold (Behavioral Health, Program Manager) and Kennisha Johnson (Program Manager, Central County Adult Clinic) provided an update on the Community Crisis Response Value Stream Mapping project and responded to questions.
- Chair of the Mental Health Commission, Commissioner Barbara Serwin, provided an update on the Mental Health Commission goals for 2020 and planning for 2021 goals. Three main goals included (1) developing a Site Visit Program, (2) Integrate the Commission into the Behavioral Health Services' budgeting process and (3) Develop an Orientation Training Program.
- Dr. Suzanne Tavano (Director, Behavioral Health Services) provided the Behavioral Health Services Director's Report to the Commission. Topics included: An update on the progress of the Mental Health Services Act (MHSA) Three Year Plan; Update on COVID-19 (entering Purple Tier, hospitalizations, vaccines); Update on the opening of the Psychiatric In-Patient Unit 4D. Dr. Tavano responded to questions from the Commissioners and the public.
- Commissioner John Kincaid of the Nominating Committee conducted the Mental Health Commission's elections. Candidates were announced and voting conducted. The following was the result of the election: Chair of the Mental Health Commission – Commissioner Graham Wiseman, Vice-Chair – Commissioner Barbara Serwin. Members of the Mental Health Commission Executive Committee – Commissioners Laura Griffin, John Kincaid and Leslie May.

## January 6<sup>th</sup>:

- Jaspreet Benepal (Chief Nurse, Contra Costa Regional Medical Center) provided an update on the opening of the inpatient psychiatric unit (4D). Currently have twelve beds available and working on bringing up to twenty available beds. Focus on staffing and training. Described precautions and procedures as to COVID-19. Currently compliant with State ligature requirements.
- Received a presentation as to the mental health needs of Afghan refugees in Contra Costa County from Rona Popal (Executive Director, Afghan Coalition), Haji Razmi and Mental Health Commission Commissioners Kate Lewis and Kira Monterrey. Described supports provided by the Afghan Coalition. Members of the Afghan community are isolated. Supports needed involve language translation, cultural competency, empowerment and culturally competent mental health programs. Other supports needed are related to domestic violence, legal and social services and supports for youth. There are 10,000 Afghan residents in this County. Goal is for a Center in this County. Commissioner Kate Lewis stressed the need to expand services to Contra Costa County. Commissioner Kira Monterrey stated anxiety, depression and post-traumatic stress disorder is present in this community. There exists a stigma for seeking mental health services. Most resources for this community are in Alameda County. Need to provide resources, services and supports in Contra Costa. Commissioner Graham Wiseman described his experiences and stressed the need for services that do not conflict with Afghani culture. Dr. Suzanne Tavano and Jennifer Bruggeman indicated that Jewish Family Community Services (an MHSA program) also specifically provides services to the Afghan community.
- Dr. Suzanne Tavano (Director, Behavioral Health Services) provided the Behavioral Health Services update. Topics included an update on COVID-19, reopening of the Don Brown Shelter and procedures for testing for COVID-19 in Units 4C and 4D. Dr. Tavano responded to questions from Commissioners and the public.
- Received suggestions and discussed 2021 Commission-wide goals.
- Vice-Chair, Commissioner Barbara Serwin, provided a report on the December 16<sup>th</sup> Community Meeting of the County Office of Racial Equity on Social Justice.
- The next meeting of the Mental Health Commission will be February 3, 2021 from 4:30 pm to 6:30 pm via Zoom.

## Quality of Care Committee (MHC QC) (December 17, 2020, January 21, 2021)

### December 17<sup>th</sup>:

- Chair of the Quality of Care Committee, Commissioner Barbara Serwin, lead the discussion of ideas for a Site Visit Program Zoom-based test plan.
- Commissioner Serwin also lead the discussion of ideas for a Site Visit report template to help guide the drafting of reports by Commissioners.

### January 21<sup>st</sup>:

- Discussed issues and experiences of those with serious mental illness who have private insurance in obtaining mental health services. Many with private insurance cannot access certain programs and facilities. Discussed problems and hurdles to obtaining mental health services by those with private insurance.
- Discussed potential testing of the Site Visit Questionnaire with Jennifer Tuipulotu (Program coordinator, Behavioral Health Office For Consumer Empowerment) by using the SPIRIT

program team members. Discussed interview assignments and scheduling. Discussed template for the Site Visit Program interview questions.

- The next meeting of the Quality of Care Committee will be February 18<sup>th</sup> from 3:30 pm to 5:00 pm via Zoom.

### Reducing Health Disparities (RHD) Workgroup

December 2020 and January 2021:

- No meetings held in December 2020 or January 2021.

### Social Inclusion (December 10, 2020, January 14, 2021)

December 10th:

- At the December meeting, Scott Chavez from the Contra Costa Crisis Center shared with the committee about what we all can do to stay well and help others during the holiday season and beyond. He highlighted the Crisis Center's COVID-19 support group.
- The committee also reflected on what we were able to accomplish in 2020 amidst great challenges and on looking forward to 2021.

January 14<sup>th</sup>:

- At the January meeting, the committee honored Dr. Martin Luther King, Jr. in anticipation of the MLK holiday, learning about the late civil rights leader through some of his famous quotes and an audio excerpt from his final speech. The committee used the inspiration of Dr. King 's example as a foundation for beginning to plan the committee's work in 2021.
- The next Social Inclusion meeting will be Thursday, February 11<sup>th</sup> from 1:30 to 3:30 PM and will be facilitated once again via Zoom. More details, including the Zoom link, will be available in the coming days. To join the Social Inclusion mailing list, email [Roberto.Roman@cchealth.org](mailto:Roberto.Roman@cchealth.org) or call (925) 957-5105.

### Suicide Prevention Committee (January 22, 2021)

January 22<sup>nd</sup>:

- No meeting in December due to the holiday.
- Focused on Mobile Grief Response services. Presentation by Contra Costa Crisis Center, as well as discussion around other similar services offered throughout the community.
- The next meeting will be February 26<sup>th</sup> from 9:00 am to 10:30 am via Zoom.

### System of Care Committee (SOC) (December 9, 2020, January 13, 2021)

December 9<sup>th</sup>:

- Update was provided on No Place Like Home (NPLH).
- Presentation by the Mobile Crisis Response Team (MCRT).
- Presentation by First Five Contra Costa on Early Childhood Mental Health (ECMH).

January 13<sup>th</sup>:

- Update was provided on No Place Like Home (NPLH).
- The group reviewed and provided input for the Early Childhood Mental Health Request for Proposals (RFP).
- Meetings are currently being held every other month. Next meeting is scheduled for Wednesday, March 10th from 10:00am to 11:30am via Zoom.

[Training Advisory Workgroup \(TAW\)](#) (January 12, 2021)

January 12th:

- No meeting in December.
- Focused on Mobile Grief Response services. Presentation by Contra Costa Crisis Center, as well as discussion around other similar services offered throughout the community.
- The next meeting will be February 9<sup>th</sup> starting at 3:00 pm.

(Access to future scheduled Committee meetings may be by Teleconference (Online Video/Telephone). At present, there are no in person meetings. To receive updates as to the status of a meeting, please refer to the CPAW Calendar for February 2020 and the list of email contacts.)

*January 28, 2021*

Contra Costa Behavioral Health Stakeholder Calendar

February 2021

**Note:** The dates and times below are the regular schedule. Please refer to notations in blue below or refer to email addresses on page two, await email notification or review the Committee website (if applicable) to receive updated information as to the status of a meeting (i.e. Teleconference, in person meeting, etc.). At present, no in person meetings are scheduled.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 <b>Reducing Health Disparities (RHD):</b> (No meeting this month)	2	3 <b>Mental Health Commission (MHC):</b> 4:30 – 6:30 pm (Online/Telephone)	4 <b>CPAW:</b> 3:00–5:00 pm (Online/Telephone) <b>(H3) Contra Costa Learning Hub</b> 1:00 – 3:00 pm (Online/Telephone)	5	6
7	8	9 <b>Training Advisory Workgroup (TAW):</b> 3:00 – 3:45 pm (Online/Telephone)	10 <b>System of Care:</b> (No meeting. Next meeting in March) <b>Aging /Older Adults: COVID-19 Workgroup</b> 2:00–3:30 pm (Online/Telephone)	11 <b>Children’s, Teens &amp; Young Adults:</b> (No meeting this month) <b>Social Inclusion:</b> 1:30–3:30 pm (Online/Telephone)	12	13
14	15	16 <b>Behavioral Health Care Partnerships:</b> 1:30–3:00 pm (Online/Telephone)	17	18 <b>CPAW Steering</b> (2:00–3:00 pm) (Online/Telephone) <b>MHC Quality of Care:</b> 3:30 – 5:00 pm (Online/Telephone)	19	20
21	22 <b>Innovation:</b> 2:30 – 4:00 pm (Online/Telephone)	23 <b>Adult:</b> (No meeting this month)	24 <b>AOD Advisory Board:</b> 4:00 – 6:15 pm (Online/Telephone) <b>Aging /Older Adult: COVID-19 Workgroup</b> 2:00–3:30 pm (Online/Telephone)	25	26 <b>Suicide Prevention Committee</b> 9:00 – 10:30 am (Online/Telephone)	27
28						

# Contra Costa Behavioral Health

## February 2021

### Committee Email Contacts\*\*

Adults	<a href="mailto:Robert.Thigpen@cchealth.org">Robert.Thigpen@cchealth.org</a>
Aging and Older Adults	<a href="mailto:Ellen.Shirgul@cchealth.org">Ellen.Shirgul@cchealth.org</a>
Alcohol & Other Drugs (AOD) Advisory Board	<a href="mailto:Nazneen.Abdullah@cchealth.org">Nazneen.Abdullah@cchealth.org</a>
Behavioral Health Care Partnership (BHCP)	<a href="mailto:Jennifer.Tuipulotu@cchealth.org">Jennifer.Tuipulotu@cchealth.org</a>
Children, Teens & Young Adults	<a href="mailto:Candace.Collier@cchealth.org">Candace.Collier@cchealth.org</a>
Consolidated Planning Advisory Workgroup (CPAW)	<a href="mailto:Audrey.Montana@cchealth.org">Audrey.Montana@cchealth.org</a>
Health, Housing & Homeless Services (H3)	<a href="mailto:Jamie.Jenett@cchealth.org">Jamie.Jenett@cchealth.org</a>
Innovation	<a href="mailto:Windy.Taylor@cchealth.org">Windy.Taylor@cchealth.org</a>
Membership (CPAW)	<a href="mailto:Audrey.Montana@cchealth.org">Audrey.Montana@cchealth.org</a>
Mental Health Commission (MHC)	<a href="mailto:Angela.Beck@cchealth.org">Angela.Beck@cchealth.org</a>
Reducing Health Disparities (RHD)	<a href="mailto:Genoveva.Zesati@cchealth.org">Genoveva.Zesati@cchealth.org</a>
Social Inclusion	<a href="mailto:Roberto.Roman@cchealth.org">Roberto.Roman@cchealth.org</a>
Steering (CPAW)	<a href="mailto:Audrey.Montana@cchealth.org">Audrey.Montana@cchealth.org</a>
Suicide Prevention	<a href="mailto:Jennifer.Bruggeman@cchealth.org">Jennifer.Bruggeman@cchealth.org</a>
System of Care	<a href="mailto:Genoveva.Zesati@cchealth.org">Genoveva.Zesati@cchealth.org</a>
Training Advisory Workgroup (TAW)	<a href="mailto:Adam.Down@cchealth.org">Adam.Down@cchealth.org</a>

\*\* Can also call the Mental Health Services (MHSA) Office at **(925) 313-9525** for committee meeting status updates.