

Stakeholder Sharing

MHSA Consolidated Planning Advisory Workgroup (CPAW) October 7, 2021 Meeting

Highlights of news to share and areas discussed at recent Contra Costa Behavioral Health Services (CCBHS) supported stakeholder meetings held in August and September 2021:

Adult Committee

- Meetings canceled until further notice

Aging and Older Adult Committee (AOA) (August 25th) (September 22nd)

August 25th

- Our workgroup received an informative presentation from Sara Levin, MD, Deputy Health Officer on COVID-19 Updates, including information on the COVID-19 Vaccines, the Delta Variant, and the current increase in cases.
- We also discussed the United Against Hate Poster and Flyer campaign. Our workgroup distributed over 400 posters and flyers throughout Contra Costa County!

September 22nd

- We shared resources and experiences related to COVID-19, resources for low-income seniors, substance abuse treatment facilities and the resettlement of refugees from Afghanistan in the Bay Area. Also, discussed the role of Adult Protective Services, and the resources that they provide to older adults who have been reported to be abused or neglected (including self-neglect).
- Our workgroup plans to create a postcard campaign for November and December. We plan to create postcards as a way to do outreach to isolated older adults and provide information on the COVID-19 Vaccine.
- We discussed the formation of the Aging and Disability Resource Connection in Contra Costa County, which will provide a way for resources for older adults to be more easily accessible. This project will take a few years to develop.
- Our next meeting is on 10/27/21 from 2:00pm to 3:30pm.

Alcohol and Other Drugs (AOD) Advisory Board (July 28th) (August 25th)

July 28th

- AOD Staff Report - Listed the programs on outbreak status. Listed AOD efforts to address COVID outbreaks. Low census often occurs during outbreaks. Jaime Campos of Bi-Bett will give a presentation at the Measure X meeting. Jayme Shipe may be reactivated to the COVID Team which may impact her support for the AOD Board.
- Discussed topics to share with the Superintendent. In the process of completing and updating the 2021 Action Plan.
- In the Liaison Report, the effects of COVID 19 were addressed and efforts are underway to address inequities and ensure the system of care does not exclude anyone
- Pueblos Del Sol is working on access of treatment for the Spanish speaking community
- Discussed Alcohol/Cannabis License Initiatives. Recognition for Tom Award written.

August 25th

- Award Presentation for Antwon Cloird, District 1 Board Member by Supervisor Gioia.
- Dr. Suzanne Tavano provided updates. Discussed Timeline for CalAIM, “Anyone, Anywhere, Anytime” (A3) and initiative to improve the crisis response system and mental health services.
- Program and Services completed sections of the Action Plan. Still being reviewed. Discussed housing programs, the transition of Support4Recovery contract to Shelter, Inc.
- The letter of appreciation to the Sherriff has been completed
- Updates provided re rental relief programs, new resources for the homeless. Discussed environmental impact of Colusa Market. Received new Cannabis license.
- The most recent meeting of the Alcohol and Other Drugs Advisory Board was held on September 22nd. Summary will be provided next month. The next meeting will be held via Zoom on October 27th from 4:00 pm to 6:15 pm.

Behavioral Health Care Partnership (BHCP) (August 17th) (September 21st)

August 17th

- We received updates regarding the Community Crisis Hub (Miles Hall Community Crisis Hub) which will be run under the A3 (Anyone, Anytime, Anyplace) Program which will be a 24/7 non police response program. There will only be police response when deemed necessary.
- We received an update on the efforts to create alternative destinations to PES to include stepdown programs, sobering centers, peer respite, crisis stabilization unit with the option of PES only when needed.
- We as a county are looking at the idea of renovating the Oak Grove location which has the capacity to house the possible alternative destination services.
- We received an update on the Youth Community Stabilization Unit which will be a separate location from PES and using some of the space at Miller Wellness Center and we were advised that designing is underway.
- We received an update on SB 803 (Peer Certification) and our county’s participation as far as implementation of SB 803 in our county.

September 21st

- PES Leadership gave an update on the improvements which were made to PES, which were made as a result of input from BHCP partners.
- We were advised by the Office of the Director of Health Services as we were advised in our previous meeting that the designing of the separate Crisis Stabilization Unit for Youth is underway.
- We received an in-depth update regarding the A3 Community Crisis program.
- The next Behavioral Health Care Partnership meeting is scheduled for October 19th, 2021, from 1:30PM – 3:00PM via Zoom online/telephone conference.

Children, Teens and Young Adults Committee

- Meetings canceled until further notice

Health, Housing and Homeless Services (H3)

- Update will be provided at the CPAW meeting

Innovation Committee (August 23rd)

- The last Innovation meeting was held on Monday 8/23/21 after the 7/26/21 meeting had to be rescheduled. An update on all Innovation Projects was provided and a brief presentation on the Innovation Component of the MHSA was given by Jessica Hunt from the MHSA team.
- Two Innovation projects are sunsetting this fall: Partners in Aging and Overcoming Transportation Barriers.
- The Innovation meeting scheduled for 9/27/21 has been rescheduled for 10/25/21.
- Potential new Innovation projects are being reviewed by BHS leadership and will be brought to the October meeting for further discussion.
- This Committee meets every other month. The next meeting after this August meeting will be held on October 25th from 2:30 to 4:00 pm via Zoom.

Mental Health Commission (MHC) (August 4th) (September 1st)

August 4th

- Update will be provided at the CPAW meeting

September 1st

- 2022 Elections process, review timing, discuss ad hoc committee and solicit volunteers.
- MHC 2021 Retreat - discussing proposed attendees, Zoom prep/technical and facilitation support, break out rooms, activities, and possible guest presentations.
- Updates on site visits - assignments, scheduling and Zoom format vs in person.
- Updates on new commissioners and open seats.
- Discussion of Behavioral Health Services contract process and content.
- The next Mental Health Commission meeting will be Wednesday, October 6th from 4:30 pm to 6:30 pm via Zoo.

MHC Quality of Care Committee (MHC QC) (August 19th) (September 16th)

August 19th

- Update will be provided at the CPAW meeting

September 16th

- Commissioner site assignments through 2021 have been established
- First site visit will be Blessed Care home in Pittsburg with Cmsr. Russaw and Metro, Cmsr. May as mentor. To be scheduled.
- Commissioner site visit training scheduled for September 1st, one hour before the MHC meeting (3:00pm). Site Visit Program Team still working out details on training.
- Prioritizing Site Visits and the criteria
- Starting First of the new year, focus will be on Children and Adolescent facilities.
- The next Quality of Care Committee meeting will be Thursday, October 21st from 3:30 pm to 5:30 pm via Zoom.

Reducing Health Disparities (RHD) (August 2nd)

- General overview on Measure X Community Advisory Board & future meetings.
- Discussed Cultural Humility Plan and work to identify some action items from the identified goals.
- No meeting in September.
- Next meeting scheduled for Monday, October 4th from 3:00pm to 4:30pm.

Social Inclusion (August 12th)

- Preparing for our celebration of Recovery Month by listening to someone's recovery story and going into breakout groups to reflect on shared lived experience of recovery.
- Continuing to plan for our September event celebrating Recovery Month. We reviewed July input and narrowed down and finalized options for recovery activities.
- We will report out on our September 30th Recovery Month Virtual Celebration and our October 14th regular meeting next month.
- To join the Social Inclusion mailing list, contact Roberto.Roman@cchealth.org or call (925) 957-5105.

Suicide Prevention Committee (August 27th) (September 9th and 24th)

August 27th

- Both the Suicide Prevention Coalition and Suicide Prevention Youth Subcommittee met and continued planning for the upcoming Mental Health Services Act (MHSA) Suicide Prevention Community Forum (Suicide and Youth) to be held on September 9th. Received feedback on the Suicide Prevention Report Card.

September 9th

- A Virtual Suicide Prevention Community Forum was held on 9/9/21 from 4-7pm via zoom and focused on Youth and Suicide. This event was part of MHSA's Community Program Planning Process. Recordings from the forum are available on the MHSA website.
- A Suicide Prevention Report was developed and shared providing a snapshot of the state of suicide in our county and help-seeking behavior. It provided tools from the Know the Signs Campaign on warning signs, language to use with those in crisis, and ways to reach out for help. The report also provided local and national resources as well as ways to get involved in Suicide Prevention in Contra Costa County. This report is being distributed widely and is also available on the Mental Health Services Act (MHSA) website.

September 24th

- The Suicide Prevention Coalition general meeting was held on 9/24/21. A presentation was given by Scott Chavez from the Contra Costa Crisis Center on the topic of Suicide Risk Assessment.
- The next Suicide Prevention Coalition general meeting will be held on 10/22/21 from 9:00 to 10:30 am and will review the latest draft of the Suicide Prevention Strategic Plan Update.

September 24th (Youth Subcommittee)

- A presentation was given by Scott Chavez on a deep dive into youth / young adult-oriented websites and organizations.
- The Youth Sub-committee also discussed a new structure and scope of the meeting moving forward. The new proposed structure is to evolve the meeting into a space where wellness centers/counseling staff from schools all over the county, other school staff, students, and

local youth-oriented CBOs can come together once a quarter to touch base, collaborate, and coordinate/share resources to support regular, more frequent, and ongoing SP activities in the individual schools and in the community. The meeting will be a combination of collaboration/coordination, and resource sharing, as well as training (such as Suicide Risk Assessment).

- The next Youth Sub-committee meeting is moving to 3:30-4:30pm once a quarter - exact dates TBD. In October, activities will be underway to coordinate an ongoing quarterly meeting with the new proposed direction for the meeting.

System of Care Committee (SOC) (August 11th)

- A general update and presentation on No Place Like Home was provided.
- The group received an update from the Contra Costa Crisis Center on the Suicide Prevention Request for Proposal programming. Information on the consent and referral process was shared.
- The System of Care Committee did not meet in September.
- The next Committee meeting will be held via Zoom on Wednesday, October 13th from 10:00 am to 11:30 am

Training Advisory Workgroup (TAW) (September 14th)

- Overview of Training Advisory Workgroup (TAW), training requests, and continuing education (CE) moving forward.
- Update on accreditation from California Consortium of Addiction Programs and Professionals (CCAPP) and pending renewal for California Board of Registered Nursing (BRN). No meeting held in August.
- Next TAW Meeting tentatively scheduled for March 8th, 2022 from 3:00pm to 4:30pm.

Contra Costa Behavioral Health Stakeholder Calendar October 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 Reducing Health Disparities (RHD): 3:00 – 4:30 pm (Online/Telephone)	5	6 Mental Health Commission (MHC): 4:30 – 6:30 pm (Online/Telephone)	7 Council on Homelessness: 1:00–3:00 pm (Online/Telephone) CPAW: 3:00–5:00 pm (Online/Telephone)	8	9
10	11	12	13 System of Care: 10:00 – 11:30 am (Online/Telephone)	14 Children’s, Teens & Young Adults: (No meeting) Social Inclusion: 1:30–3:30 pm (Online/Telephone)	15	16
17	18	19 Behavioral Health Care Partnership: 1:30 – 3:00 pm (Online/Telephone)	20	21 CPAW Steering 11:00–12:00 pm (Online/Telephone) MHC Quality of Care 3:30 – 5:00 pm (Online/Telephone)	22 Suicide Prevention Committee (SP) 9:00 – 10:30 am (Online/Telephone) SP Youth Subcommittee (No meeting this month. Meets quarterly)	23
24 <hr style="width: 100px; margin-left: 0;"/>	25 Innovation: 2:30 – 4:00 pm (Online/Telephone)	26 Adult: (No meeting this month)	27 Aging /Older Adult COVID-19 Workgroup 2:00–3:30 pm (Online/Telephone) AOD Advisory Board: 4:00 – 6:15 pm (Online/Telephone)	28	29	30
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Contra Costa Behavioral Health

October 2021

Committee Email Contacts**

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** Can also call the Mental Health Services (MHS) Office at **(925) 313-9525** for committee meeting status updates.