

Consolidated Planning and Advisory Workgroup (CPAW)

Thursday, August 4, 2022

3:00 pm – 5:00 pm

Meeting Access via Online Zoom Video Conference and Telephone Conference:

<https://homebaseccc.zoom.us/j/84801163858?pwd=d01ZbHN0bHZ5V1NCeDdZUkh2SW1pQT09>

Call In Number: 1-669-900-6833 Meeting ID Code: 848 0116 3858 Password: 390775



Members Attending: Douglas Dunn, Anna Lubarov, Lucy Espinosa Nelson, Roberto Roman, Jennifer Tuipulotu, Amelia Wood

Behavior Health Director: Dr. Suzanne Tavano

Staff Attending: Shelby Bell, Andrea Clark, Janet Costa, Victoria Fairchild, Jessica Hunt, Jaimie Jenett, Ernesto Robles, Jonathon San Juan, Ellie Shirgul, Heather Sweeten-Healy, Robert Thigpen, Candace Wade

Public Participants: Mariela Acosta, Pete Caldwell, Meaghan Faulkenberry, Marilyn Franklin, Beth Limberg, Sara Marsh, Jill Ray

Facilitator: Mark Mora

Recorder: Audrey Montana

Staff Support: Genoveva Zesati

Excused from Meeting: Graham Wiseman

Absent from Meeting: Y'Anad Burrell, Chaplain Creekmore, Tom Gilbert, Carolyn Goldstein-Hidalgo, James Lancaster, Leslie May, Melinda O'Day, Johanna Wagner

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
1. Welcome <ul style="list-style-type: none"> • Call to Order • Roll Call • Review Working Agreement • Finalize Meeting Notes • Announcements 	<ul style="list-style-type: none"> • Welcome, Call to Order • Roll Call • Reviewed Working Agreement <p>Comments:</p> <ul style="list-style-type: none"> ▪ (Anna Lubarov) At a recent subcommittee meeting, I experienced a personal attack. I want to ask we review Working Agreements at every meeting that is under CPAW. Want to make this a welcoming space for everyone. ▪ (Mark Mora) We will review the Working Agreement as we do every CPAW meeting. Will note the request to do so for 	Information Notes will be posted to MESA CPAW website.	Mark Mora (Facilitator) Audrey Montana to post notes.

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	<p>any meeting that falls under CPAW.</p> <ul style="list-style-type: none"> ▪ (Jennifer Tuipulotu) If one of the sections of the Working Agreement is not being followed, who would address that? We can have a discussion on this later. ▪ (Genoveva Zesati) In the past, there was follow up discussions with the indivial by the person leading the meeting. If it continues to be an issue, can follow up with the related department, agency, program, etc. • (Mark Mora) As the Facilitator of this meeting, I will ensure we honor the Working Agreement during this CPAW meeting. As Facilitator, I will step in should the situation arise. I will speak with County staff to see if there is a specific protocol. ▪ (Genoveva Zesati) If the indivial continues and is threatening, can be asked not to participate. Or Jennifer Bruggeman may become involved. We will take this back, discuss further and follow up. ▪ (Sara Marsh) It is the responsibility of the Monitor. It is everyone’s responsibility. In light of sensitivity and awareness, we all need to speak up when we see things that are not right. ▪ (Douglas Dunn) Need to make sure these kinds of things are nipped in the bud. I am Chair of a Mental Health Commission Committee. If it persists, would take the person out of the Zoom meeting. In a past Board of Supervisors meeting, warned would stop meeting if continued. Just things to think about. ▪ (Anna Lubarov) We should be something in writing as a follow up to this general discussion on working agreements and protocol. ▪ (Mark Mora) Will get clarity on specific protocol for situations as this. Possibly next meeting have discussions or a presentation. Thank you all for sharing. 		

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	<ul style="list-style-type: none"> • Meeting Notes: Reviewed meeting notes (June 2, 2022). No revisions recommended. Comments: <ul style="list-style-type: none"> ▪ (Jennifer Tuipulotu) For the CPAW minutes, is it necessary for us to have word for word? Just curious. ▪ (Mark Mora) For Brown Act I do not believe it must be word for word. There may be a reason for that practice. ▪ (Dr. Suzanne Tavano) I will address that topic during my update later this meeting. • Announcements <ul style="list-style-type: none"> ○ (Sara Marsh) I have been a CPAW Member for several years. I will be resigning my seat representing Community Based Organizations. I wanted to say goodbye. It has been a real pleasure working with this organization and this group. My colleague, Beth Limberg, who also works for Hope Solutions has applied to become a CPAW Member. I am moving to partial retirement. I will be a consultant for Hope Solutions. Thank you all for the honor of working with you. ○ (Dr. Suzanne Tavano) You are one of the originals. Have been such a great partner. You contributed so much over many years. Want to say how much we will miss you and appreciate everything that you have done. You have been a loyal CPAW Member. Thank you. ○ (Ellie Shirgul) Congratulations. Always appreciated your perspective. ○ (Jennifer Tuipulotu) You have been a constant advocate for families and individuals. You have brought compassion, peace and solutions to our meetings. You will be missed and at the same time celebrated for all of your contributions. ○ (Douglas Dunn) You have been a major contributor at CPAW and will be missed. ○ (Mark Mora) Thank you. We will definitely miss you. ○ (Jennifer Tuipulotu) On August 11th from 10:00 am to 2:00 pm will be the Partners Community Picnic. Vaccinations will 		

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	<p>be available on site. County staff and Putnam staff will be wearing masks. Masks will be available. Working with partners to stay protected yet still connected.</p>		
<p>2. Stakeholder Sharing by Meeting Groups</p> <ul style="list-style-type: none"> • Adults Committee • Aging & Older Adults Committee • Alcohol and Other Drug Services (AOD) Advisory Board • Behavioral Health Care Partnership (BHCP) Meeting • Health, Housing & Homeless Services (H3) • Innovation (INN) Committee • Membership Committee • Mental Health Commission (MHC) • Reducing Health Disparities (RHD) • Social Inclusion Committee • Suicide Prevention Committee • System of Care Committee 	<p>Adults:</p> <ul style="list-style-type: none"> • The Adult Committee is resuming meetings. • Will meet second Tuesday of the month from 3:00 pm to 4:30 pm via Zoom. • The next meeting will be Tuesday, August 9th from 3:00 pm to 4:30 pm via Zoom. Welcome all clients, families, providers and other stakeholders. • If would like to receive the meeting information and email, please email audrey.montana@cchealth.org. • This first meeting will be used as an opportunity to learn more about the various providers in the group. Will solicit suggestions as to topics for future meetings to discuss or learn more about. <p>Aging & Older Adults Committee:</p> <ul style="list-style-type: none"> • For the August 10th meeting, Dr. Mekuria, Deputy Health Officer, will provide an update on COVID-19. <p>Alcohol and Other Drug Services (AOD) Advisory Board - No additional comments.</p> <p>Behavioral Health Care Partnership (BHCP):</p> <ul style="list-style-type: none"> • The next Behavioral Health Care Partnership meeting will be Tuesday, August 16th via Zoom. • Would like feedback from those who experienced services at Psychiatric Emergency Services (PES) as a youth/young person or parent/caregiver of a youth to improve the upcoming Children’s PES unit (e.g., what was missing, what could be added, etc.). <p>Health, Housing and Homeless Services (H3):</p> <ul style="list-style-type: none"> • Just released the H3 Annual Report. Includes data from 2021 re the use of our System of Care. The link to the report is: 		<p>Committee Representatives</p>

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	<p>https://cchealth.org/h3/coc/pdf/Annual-Report-2021.pdf</p> <ul style="list-style-type: none"> • A two-page infographic and Executive Summary will also be available. Includes data on demographics. • There is federal funding an opportunity (sixteen million dollars) which is a majority of our funding. That process has started. There is a technical assistance workshop available. • If you know of any providers interested in this funding, please let us know. <p>Innovation (INN) Committee: No additional comments.</p> <p>Membership Committee: No additional comments.</p> <p>Mental Health Commission (MHC):</p> <ul style="list-style-type: none"> • The Mental Health Commission met yesterday. • Thanked Behavioral Health Services for their efforts on the Behavioral Health Continuum Infrastructure Program (BHCIP) re the several rounds of funding applications • Six rounds. Two rounds are complete. Round three for Community Based Organizations (CBO) funding remains open. • The Children and Adolescent technical assistance funding deadline is August 10th and for competitive bids is August 31st. • Composed a letter re Director of Conservatorships. <p>Mental Health Commission (MHC) – Quality of Care: No additional comments.</p> <p>Reducing Health Disparities (RHD): No additional comments.</p> <p>Social Inclusion Committee: No additional comments.</p> <p>Suicide Prevention Committee: No additional comments.</p> <p>System of Care Committee: No additional comments.</p>		

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<p>3. Dialogue and Update from Contra Costa Behavioral Health Services (BHS) Executive Leadership</p> <ul style="list-style-type: none"> • Care Court Updates • Housing Grant Updates • CalAIM updates • Q&A 	<p>Dialogue with Contra Costa County Behavioral Health Services (BHS) Executive Leadership</p> <p>Dr. Suzanne Tavano:</p> <ul style="list-style-type: none"> • Frequency of CPAW meetings <ul style="list-style-type: none"> ○ Looking at the frequency of CPAW and subcommittee meetings ○ CPAW implemented long ago with many requirements and strict oversight. Many requirements have gone away. ○ Look at the number of committees, frequency of meetings ○ Just putting it out there for thought and consideration ○ Majority attending are county staff, many same staff at several of these committee meetings ○ There are the Mental Health Commission, Alcohol Other Drugs Advisory Board (AOD), Community Behavioral Health Care Partnership (BHCP), CPAW. <ul style="list-style-type: none"> ▪ I find myself reporting on the same thing to all these committees. Many of the same staff attend these several different meetings. ○ Look at the focus and goal of CPAW <ul style="list-style-type: none"> ▪ Currently the CPAW meetings are informational about the system in general. Should be specifically related to the work of CPAW as an advisory body in the Mental Health Services Act Planning Process. ○ Just gently bringing this up until we come to some decisions. Just for your consideration. • Format of Minutes of meetings <ul style="list-style-type: none"> ○ We do not need to do processed minutes. The minutes take an enormous amount of time. ○ For most committees, moved to a very simplified documentation of meeting notes • Information Sharing <ul style="list-style-type: none"> ○ CPAW is now the information sharing port. Reports what is going on in other domains such as the Mental Health Commission, AOD Advisory Board, etc. 		<p>Dr. Suzanne Tavano (Director, Behavioral Health Services)</p>

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	<ul style="list-style-type: none"> • Care Court <ul style="list-style-type: none"> ○ Still working through the State process. Goes beyond the MediCal population. More population at large (e.g., private insurance). Becomes more complicated as to responsibility. Will be judicially driven, court and judge decided. Behavioral Health then steps in to provide the services. Will be a phasing in approach. Area of concern is the funding.- how to lift up and carry over time. • Housing Grants <ul style="list-style-type: none"> ▪ Behavioral Health Continuum Infrastructure Program (BHCIP) funded thru the California Department of Health Care Services (DHCS) <ul style="list-style-type: none"> ◇ Needs Assessment is posted on the County website ◇ Round One – received funds for Mobile Crisis ◇ Round Two – received funds for planning ◇ Round Three – did not have shovel ready property. Working to locate properties. Looking at three and then two more. One possible is County owned – Brookside Shelter. ◇ Round Four – postponed date to maybe October ◇ Youth and Crisis Care – collaboration letters of support with other counties ◇ Rounds Five and Six – Now concentrated on planning. Just informed will focus on crisis services. ▪ Child Care and Development Division (CCDD) through the Department of Social Service • CalAIM <ul style="list-style-type: none"> ○ Information posted on the County website ○ Includes information on training of County and CBO staff ○ July 1st started. We are ahead of many counties. Will modify as needed as go forward. 		

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	<p>Comments and Response to Questions:</p> <ul style="list-style-type: none"> • (Jennifer Tuipulotu) Can we discuss CPAW and rethink it's purpose going forward at perhaps CPAW meeting, Steering Committee or special meeting? • (Anna Lubarov) Would like a discussion re redundancy of reports. Agree with Jennifer Tuipulotu's suggestion. 		
<p>4. Partners in Aging Presentation on 5 yr. INN Project</p>	<p>PowerPoint Presentation – “Partners in Aging – 5 Year MHSA Funded Innovation Project, 2016 to 2021, Older Adult Mental Health “</p> <p>(Detailed Copy of the PowerPoint presentation to be provided)</p> <p>Presenters:</p> <ul style="list-style-type: none"> • Ellen Shirgul, Heather Sweeten-Healy, Shelby Bell, Dr. Andrea Clark • Summary: <ul style="list-style-type: none"> ○ The Innovation Partners in Aging Program ○ IMPACT Program purpose, demographics, diagnoses, Making a difference ○ Amazing Community Support Workers (CSW) ○ Impact of COVID-19 ○ Program to Encourage Active and Rewarding Lives (PEARLS) data ○ Success story ○ Future Funding <p>Comments and Response to Questions:</p> <ul style="list-style-type: none"> • (Anna Lubarov) Are those on our provider network eligible for IMPACT services? Response: (Ellen Shirgul) Eligibility comes from the ACCESS Line that performs screening. • (Jonathan San Juan) Shelby Bell is also a WRAP Facilitator. • (Jennifer Tuipulotu) Do you have a Substance Use Counselor on your Team? Response: (Ellen Shirgul) We do not have a Substance Use Counselor at Older Adult Mental Health. We do have someone we can consult with. 		<p>Ellen Shirgul (Mental Health Program Supervisor, Older Adult Mental Health)</p> <p>Heather Sweeten-Healy (Mental Health Program Manager, Older Adult Mental Health)</p> <p>Shelby Bell (Mental Health Community Support Worker, Partners in Aging, IMPACT Program, Older Adult Mental Health)</p> <p>Dr. Andrea Clark (Mental Health Clinical Specialist, Central County IMPACT Clinician)</p>

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	<ul style="list-style-type: none"> • (Shelby Bell) I do have a certificate in Substance Abuse Treatment. • (Dr. Suzanne Tavano) Shelby you are doing outstanding work. Thank you so much. You also drive persons. You are not only driving, but you are connecting, providing support, interacting, helping to identify needs, preparing them for the visit ahead, etc. You do much, much more. • (Dr. Andrea Clark) Shelby uses calming techniques used in therapy while driving individuals to appointments. To calm them so they can get through the appointment. Afterwards she helps them process. Is much more than just driving people to appointments. • (Jennifer Tuipulotu) Hope there will be funds to sustain the CSW positions. 		and IMPACT Team Lead, Older Adult Mental Health)
5. SB 803 (Peer Certification) – Update Q&A	<p>PowerPoint Presentation – “SB 803 Peer Certification Update – Behavioral Health Services – Office for Consumer Empowerment “</p> <p>Presenters: Jennifer Tuipulotu, Roberto Roman</p> <p>(Detailed copy of the PowerPoint presentation to be provided)</p> <p>Summary:</p> <ul style="list-style-type: none"> • Today will discuss the Peer Certification process and “Initial Certification” • Have staff submitting certification applications to the certifying body – California Mental Health Services Authority (CalMHSA). Grandfathering applications are from current Community Support Workers (CSW) who work within our system. • Initial Certification is different from the grandfathering process. Still must meet eligibility requirements. Required to take the 80-hour course. Then take and pass the exam. Peer certification helpful in finding employment with MediCal eligible programs and agencies. 		<p>Jennifer Tuipulotu (Program Coordinator, Office for Consumer Empowerment)</p> <p>Roberto Roman (Office Team Lead / Recovery Revival Project Lead, Office for Consumer Empowerment)</p>

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	<ul style="list-style-type: none"> • SB 803 A Review <ul style="list-style-type: none"> ○ New certification program with Contra Costa County in partnership with CalMHSA to certify peer support specialists as MediCal providers • Next Steps <ul style="list-style-type: none"> ○ 42 scholarships for peers to work in Specialty Health Care Services and listed certification expenses covered. Listed eligibility requirements. Can provide eligibility for future employment and professional growth/advancement. ○ The cost of peer certification is covered through the scholarship. At some point, CalMHSA will announce a certification fee. There could be more scholarships or grants to cover costs in the future. • We need community input on <ul style="list-style-type: none"> ○ Target population for scholarships – from the community (e.g., programs, agencies) ○ Process for determining scholarship allocation <p>Comments and Response to Questions:</p> <ul style="list-style-type: none"> • (Dr. Suzanne Tavano) Anyone who meets the criteria is eligible to apply and become a certified peer specialist. But to work under the MediCal system, the certified peer specialist has to be working in a program that is already certified to deliver MediCal specialty mental health service. • (Anna Lubarov) Some funds were dedicated to provide technical assistance to help staff become licensed. Are we using this technical assistance? Is it available to Contra Costa? Response: Am not aware of that technical assistance through CalMHSA. We are aware of the grant. • (Anna Lubarov) Are some programs like Putnam set up to bill MediCal? Response: (Dr. Suzanne Tavano) Putnam Clubhouse and the Connection Centers are not MediCal certified. As a result, they are not subject to all the MediCal regulations which permits a lot more flexibility. 		

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	<ul style="list-style-type: none"> • (Genoveva Zesati) Have you approached any of our Community Based Organization (CBO) partners if staff are interested? Or in areas to fill a language or cultural need in the community? Response: Yes, we reached out to CBO's. Some would qualify for peer certifications and training. • (Dr. Suzanne Tavano) The State set this up as an optional program. Each county can determine if want to move forward with peer certification. Counties that opt in must match county funds to federal dollars to claim MediCal eligibility. Contra Costa County has had been employing people with lived experience since the 1990's. We have been contributing local dollars for decades. Can match the federal dollars. Was an easy transition for our county. • (Jennifer Tuipulotu) We have had peer support workers several years. Alameda County is now looking to hire directly rather than contracting out. • (Anna Lubarov) Provided information on upcoming free trainings. • (Jennifer Tuipulotu) Should rethink the CPAW purpose moving forward. Look at starting point for new ideas, programs. • (Anna Lubarov) Agree need this discussion. Pre-COVID room was filled with consumers. • (Dr. Suzanne Tavano) One opportunity may be from the Innovation Microgrants. That will be coming up soon. People in the community lifting up community best practices for certain populations. For cultural humility, reducing disparities. Clients are a culture and can fit in to microgrants. 		
<p>6. Public Comment and Suggestions for Future Agenda Items</p> <ul style="list-style-type: none"> • CalAIM • Care Court • PEER – LEVS (Lift 	<ul style="list-style-type: none"> • (Anna Lubarov) Presentation by the Pool of Consumer Champions (POCC) of Alameda County. • (Dr. Suzanne Tavano) Suggest someone reach out to that Alameda group to do a presentation. • (Douglas Dunn) Update on BHCIP and final fundings. Incompetent to stand trial budget funds recently OK'ed by the 		Mark Mora

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Every Voice and Speak) Presentation <ul style="list-style-type: none"> • Overview Cultural Humility Plan • NAMI FVSN Presentation 	state if this an appropriate topic for CPAW. <ul style="list-style-type: none"> • (Dr. Suzanne Tavano) There is also the BHCP. Who steps in when? Which committee do things best fit in? • (Douglas Dunn) CPAW was responsible for MHSA programs and funding. The question is this now the same? I think it is somewhere in between. 		
7. Plus / Delta – Review of Meeting	<ul style="list-style-type: none"> • None 	CPAW members and attendees	Mark Mora
8. Adjournment & Next CPAW Meeting	<ul style="list-style-type: none"> • CPAW Steering Committee meeting will be Thursday, August 18, 2022, from 11:00 am to 12:00 pm. • The next CPAW meeting will be September 1, 2022, from 3:00 pm to 5:00 pm. 		Mark Mora