

Consolidated Planning and Advisory Workgroup (CPAW)

Thursday, September 1, 2022

3:00 pm – 5:00 pm

Meeting Access via Online Zoom Video Conference and Telephone Conference:

<https://homebaseccc.zoom.us/j/84801163858?pwd=d01ZbHN0bHZ5V1NCeDdZUkh2SW1pQT09>

Call In Number: 1-669-900-6833 Meeting ID Code: 848 0116 3858 Password: 390775



Members Attending: Lucy Espinosa Nelson, Beth Limberg, Anna Lubarov, Jennifer Tuipulotu, Amelia Wood

Behavior Health Director:

Staff Attending: Cynthia Ayala, Janet Costa, Victoria Fairchild, Jessica Hunt, Jaime Jenett, April Loveland, Kelly Perryman, Ellie Shirgul, Robert Thigpen, Jonathon San Juan, Candace Wade, Genoveva Zesati

Public Participants: Jill Ray

Facilitator: Mark Mora

Recorder: Audrey Montana

Staff Support: Jennifer Bruggeman

Excused from Meeting: Douglas Dunn, Graham Wiseman, Roberto Roman

Absent from Meeting: Y’Anad Burrell, Chaplain Creekmore, Tom Gilbert, Carolyn Goldstein-Hidalgo, James Lancaster, Leslie May, Melinda O’Day, Johanna Wagner

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
1. Welcome – Call to Order, Roll Call, Review of Working Agreement, Finalize Meeting Minutes <ul style="list-style-type: none"> • Announcements • New CPAW Member • CPAW Structure Follow Up 	<ul style="list-style-type: none"> • Welcome, Call to Order • Roll Call • Reviewed Working Agreement • Meeting Notes: Reviewed meeting notes (August 4, 2022). Revisions recommended. • Announcements – None • New CPAW Member <ul style="list-style-type: none"> ○ Introduced newly appointed CPAW Member, Beth Limberg, a Clinical Psychologist with Hope Solutions. She represents Community Based Organizations Service Providers. 	Information Notes will be posted to MHS CPAW website.	Mark Mora (Facilitator) Audrey Montana to post notes. Jennifer Bruggeman (Program Manager, Mental Health Services)

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
	<ul style="list-style-type: none"> • CPAW Structure Follow Up <ul style="list-style-type: none"> ○ Structure of CPAW meetings <ul style="list-style-type: none"> • Currently meetings address many topics in County System of Care that are also addressed by other meeting groups • Structure CPAW meetings to focus on MHSA topics • Suggest draft a Proposal on the structure of CPAW meetings, review at CPAW for stakeholder feedback ○ CPAW subcommittee meeting schedule <ul style="list-style-type: none"> • Subcommittees meet every other month or quarterly ○ Will discuss at the October CPAW meeting 		<p>Act – MHSA)</p> <p>Jessica Hunt (Program Supervisor, MHSA)</p> <p>Genoveva Zesati (Ethnic Services and Training Coordinator, ASA III, MHSA)</p>
<p>2. Stakeholder Sharing by Meeting Groups</p> <ul style="list-style-type: none"> • Adults Committee • Aging & Older Adults Committee • Alcohol and Other Drug Services (AOD) Advisory Board • Behavioral Health Care Partnership (BHCP) Meeting • Children, Teens and Young Adults (CTYA) Committee • Health, Housing & Homeless Services (H3) • Innovation (INN) Committee • Membership Committee • Mental Health Commission (MHC) • Reducing Health Disparities (RHD) 	<p>Adults: No additional comments.</p> <p>Aging & Older Adults Committee: No additional comments.</p> <p>Alcohol and Other Drug Services (AOD) Advisory Board - No additional comments.</p> <p>Behavioral Health Care Partnership (BHCP): No additional comments.</p> <p>Children, Teens and Young Adults (CTYA) Committee: No additional comments.</p> <p>Health, Housing and Homeless Services (H3):</p> <ul style="list-style-type: none"> • Nominations outstanding volunteers - https://conta.cc/3xcHfjx • Toolkit – https://conta.cc/3RcBtpP • Counsel on Homelessness seats opening September 16 • Sept. 15 meeting – Funding and Equity Priorities for 2023 <p>Innovation (INN) Committee: No additional comments.</p> <p>Membership Committee: No additional comments.</p> <p>Mental Health Commission (MHC): No additional comments.</p> <p>Mental Health Commission (MHC) – Quality of Care: No additional comments.</p> <p>Reducing Health Disparities (RHD): No additional comments.</p>		<p>Committee Representatives</p>

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
<ul style="list-style-type: none"> • Social Inclusion Committee • Suicide Prevention Committee • System of Care Committee 	<p>Social Inclusion Committee: No additional comments.</p> <p>Suicide Prevention Committee: No additional comments.</p> <p>System of Care Committee: No additional comments.</p>		
3. Dialogue and Update from Contra Costa Behavioral Health Services (BHS) Executive Leadership	<p>Dialogue with Contra Costa County Behavioral Health Services (BHS) Executive Leadership</p> <ul style="list-style-type: none"> • Due to conflict in schedule, Dr. Tavano did not address CPAW this meeting. 		Dr. Suzanne Tavano (Director, Behavioral Health Services)
4. Suicide Prevention Month Resources, Toolkit, Suicide Prevention Strategic Plan	<p>Presenter: Jessica Hunt</p> <ul style="list-style-type: none"> • Suicide Prevention Month <ul style="list-style-type: none"> ○ September is Suicide Prevention Awareness Month ○ Next week is Suicide Prevention Week. Suicide Prevention Week Kit- Information, events, webinars, resources: https://www.suicideispreventable.org/prevention-kit.php ○ Prevention Awareness Toolkit distributed to Wellness In Schools Program (WISP) -Posters, pens, stickers, etc. ○ Suicide Is Preventable (Know the Signs) website: suicideispreventable.org ○ Discussed Suicide Prevention Strategic Plan and goals draft <p>For a copy contact: Jessica.Hunt@cchealth.org</p>		Jessica Hunt (Program Supervisor, Mental Health Services Act)
5. Innovation – Project Updates	<p>Presenter: Jennifer Bruggeman</p> <p>PowerPoint Presentation – “INNOVATION Updates”</p> <ul style="list-style-type: none"> • The detailed PowerPoint Presentation will be made available • Summary: <ul style="list-style-type: none"> ○ CORE Project – Intensive Program for adolescents, reopened in August, receive school credits, full time teacher ○ PADs - Psychological Advance Directives (PADs) https://www.padsca.org ○ Grants - Advance Equity through Community Defined Practices. Up to \$100,000 annually. 		Jennifer Bruggeman (Program Manager, Mental Health Services Act)

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
5. SPIRIT 2023	<p>Presenters: Janet Costa and Candace Wade (Instructors)</p> <p>PowerPoint Presentation – “SPIRIT – Service Provider Individualized Recovery Intensive Training”</p> <ul style="list-style-type: none"> • The PowerPoint Presentation will be made available. • Summary: <ul style="list-style-type: none"> ○ A 9-unit certificate course taught to peers and family members by peers and family members online/virtual (in-person/hybrid format to be determined) ○ 2023 SPIRIT Applications due by October 7, 2022: https://cchealth.org/bhs/pdf/SPIRIT-application-2023.pdf ○ Contacts: Janet.Costa@cchealth.org or Candace.Wade@cchealth.org - (925) 957-5105 		<p>Janet Costa (Mental Health Specialist II/Family Partner, Office for Consumer Empowerment)</p> <p>Candace Wade (Mental Health Community Support Worker II, Office for Consumer Empowerment)</p>
6. SB 803 (Peer Certification) - Standing Update	<p>Presenter: Jennifer Tuipulotu</p> <p>PowerPoint Presentation handout provided prior to meeting: “SB 903 Peer Certification Update – Behavioral Health Services – Office for Consumer Empowerment”</p> <ul style="list-style-type: none"> • Summary: <ul style="list-style-type: none"> ○ Created a new career pathway for peers via a certification program to become support specialists as Medi-Cal providers. www.capeercertification.org ○ Discussed scholarships - eligibility, 80-hour training, etc. ○ Need Community Input re target population for scholarships and process for determining scholarship allocation 		<p>Jennifer Tuipulotu (Program Coordinator, Office for Consumer Empowerment)</p>
7. Public Comment & Suggestions for Future Agenda Items	<ul style="list-style-type: none"> • None 		<p>Mark Mora</p>
8. Plus / Delta – Review of Meeting	<ul style="list-style-type: none"> • No Comments 	<p>CPAW members and attendees</p>	<p>Mark Mora</p>
9. Adjournment & Next CPAW Meeting	<ul style="list-style-type: none"> • CPAW Steering Committee meeting will be September 15, 2022 from 11:00 am to 12:00 pm. • Next CPAW meeting - October 6, 2022 from 3:00 - 5:00 pm 		<p>Mark Mora</p>