

# Contra Costa County MHSa Planning

## Consolidated Planning Advisory Workgroup

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### Meeting Minutes

**February 26, 2009**

**Present:** Donna Wigand, Suzanne Tavano, Sherry Bradley, Debra Jones, Elvira Sarlis, Brenda Crawford, Candace Tao, Cheryl Virata, Courtney Cummings, Evelyn Aguilar, Peggy Harris for Gabe Hill, John Gragnani, John Hollender, Kathi McLaughlin, Mariana Moore, Tamara Hunter for Molly Hamaker, Rhonda Haney, Ryan Nestman, Steven Grolnic-McClurg, Tony Sanders, Veronica Vale, Wayne Thurston, Lea Mostella, Nancy Frank, Steve Ekstrom, and Kara Vernor

**Next Meeting: Thursday, March 5**  
**4 – 6pm**  
**2425 Bisso Lane, 1<sup>st</sup> Floor Conference Room, Concord**

### **Assignments:**

WHO	WHAT	WHEN
Sherry	Inform the group how much MHSa funding the county receives each year	Before 3/5/09
Sherry	Inform the group how much the total MHSa funding is statewide, and what percentage a \$225 million reduction per year (for two years) represents	Before 3/5/09
County staff and consultants	Consider alternative meeting times	Before 3/5/09
County staff and consultants	Documents to distribute: a list of acronyms, the PowerPoint presentations from this meeting, a list of documents and websites to review, the handout on Title 9 that includes the missing page, the group roster, the CSS 3-year approved plan	Before 3/5/09
County staff and consultants	Ensure that the Mental Health Commission Meeting Minutes from the public hearings are posted to the Contra Costa website	Before 3/5/09

### **Announcements**

- The March 5th meeting will convene at 4:00 at 2425 Bisso Lane, Concord. Subsequent meetings may convene at different locations.
- For hard copies of any of the handouts, contact Elvira at 957-5151.

### **Ground Rules**

The following were unanimously agreed to:

1. Agendas and minutes of the previous meeting will be emailed before each meeting

2. Meetings will start and stop on time.
3. One speaker at a time; allow the facilitator to “direct traffic.”
4. Speaker’s remarks should be brief to allow for others to speak.
5. Listen to and value other points of view, even if they differ from yours.
6. To the greatest extent possible, system interests should trump personal interests.
7. Declare potential conflicts of interest before the topic is discussed.
8. Focus on past stakeholder processes only to the extent that it helps the CPAW move forward.
9. When the group makes a decision, seek consensus first; a simple majority is the second option.
10. Turn off cell phones, unless your job requires you to be readily available.

### ***Welcome and Introductions***

Stakeholders, County staff and consultants introduced themselves. Donna Wigand gave a brief talk about the possible impact of the new state budget on MHSA, citing that voters in a special election will vote on whether to allocate around 500 million dollars of MHSA funds over two years to match federal funding for the EPSDT (a supplement to MediCal). If it passes, it is unclear from which part of the MHSA the funding will be cut.

Comments/Questions:

- What percent of the MHSA is \$225 million? How much money goes into the MHSA per year?
- The Mental Health Directors Association should get in touch with the California School Board Association because this will affect our kids.

### ***Purpose of the Consolidated Planning Advisory Workgroup (CPAW)***

- Advisory only
- Serve as stakeholder group for the Innovation component
- Advise on assessment process for reviewing MHSA components
- Advise on annual updates
- Advise on 3 year MHSA plans
- Advise on system transformation (vision, processes, etc.)
- Membership reflects new and past stakeholder involvement, as well as diversity in ethnicity and culture, consumer, family, MH provider, education, health, social services, law, faith, regional, etc.

### ***CPAW meetings***

- Meetings will occur monthly, though may become less frequent as dictated by need.
- Agendas will be distributed in advance
- Minutes will be taken at each meeting and approved at the next
- Locations may vary

### ***Innovation Component of the MHSa***

Sherry gave a PowerPoint presentation on Innovation guidelines and timelines, making the point that one of CPAW's first jobs will be to provide stakeholder input on the Innovation component of the MHSa.

### ***An Integrated MH system: thinking towards 2009-10***

Sherry gave a PowerPoint presentation on integrated system ideas, as it relates to 09-10 planning.

Comments/Questions:

- Transformational value should look at what "both sides of the street" brings (clinical and wellness/recovery), and bring in both of those perspectives. We should work on blending the cultures together – this is transformational – not pitting against each other.
- Integrate "traditional" and "non-traditional"
- Are we planning for 09-10? How does the funding tie to the plan?
  - The money doesn't come until the plan is approved.

### ***Meeting Evaluation***

Positives:

- I am very excited about being involved (many agreed)
- I felt the meeting worked (many agreed)
- I think it will be good
- Information I learn here will help dispel rumors
- We will need to do a lot of background reading
- It was very informative

Change for next meeting:

- We should have name tents rather than name tags
- Would like more older adult and teen involvement
- Given the enormity and complexity of our charge, are monthly meetings sufficient? Or should we have small groups meet in-between meetings?
- Does everyone understand the Recovery Model? Should we review it?

***Homework***

Review these meeting minutes, the agenda for the March 5<sup>th</sup> meeting, and all other documents sent out prior to the March 5<sup>th</sup>.

***Next meeting/Agenda***

The next meeting will be March 5<sup>th</sup>, 4-6pm. The agenda will include a report on the Community Services and Supports component; time permitting we'll discuss the Innovation component.